

# Meeting Title

## MINUTES

MAY 25, 2011

3:00-4:30 P.M.

EDC

<b>MEETING CALLED BY</b>	Kathleen Hassenfratz, District Co-Chair
<b>TYPE OF MEETING</b>	Quarterly, Executive Meeting
<b>FACILITATOR</b>	Kathleen Hassenfratz
<b>NOTE TAKER</b>	Suzanne Amberg, Parent Co-Chair
<b>TIMEKEEPER</b>	N/A
<b>ATTENDEES</b>	Suzanne Amberg, Sandy Brown, Sharmae Erickson, Kathleen Hassenfratz, Sonya Hursh, Pete Katz, Myra Pettit, Amy Still, Joe Walsch (student) Kristi Conrad, Debbie Conyers, Amy Dolce, Karla Ent, Barbara Galaway-Patrick, Kara Gaskamp, Bertha Halfmann, Jewels Madrigal, Shirley Prescott, Todd Radford, Kelly Smith, Amy Still and Robin Thomas

### Agenda topics

REVIEW OF SHAC'S PURPOSES

POWERPOINT

KATHLEEN/

<b>DISCUSSION</b>	Reviewed what SHAC's purpose is and what the overall goals of Coordinated School Health are		
<b>CONCLUSIONS</b>	Reviewed the process of HOW to communicate SHAC findings to schools: Kathleen will meet after the quarterly meetings with either the campus' assistant principals or campus' counselors to disseminate the relevant information		
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>	
Kathleen will get onto AP and/or counselor agendas and give information from SHAC	Kathleen	Fall 2011	

HEALTH AND FITNESS

CATCH

SHARMAE/SONIA/KATHLEEN

<b>DISCUSSION</b>	Coordinated Approach to a Child's Health (CATCH) will be rolled out at all 5 elementary campuses.		
	Each campus' CATCH committee will consist of: counselor, nurse, café manager, PE lead and Healthy Lifestyles Coordinator ; CATCH committees will work to implement health and nutrition information campus wide		
	FitnessGram results were copied and sent home with students this year as planned.		
<b>CONCLUSIONS</b>	CATCH committees will meet 1x/month		
	CATCH Training will be provided internally this summer (or at ESC XIII)		
	FitnessGram needs to be used in a more useful way, such as identifying students at-risk of health issues and academic issues		
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>	
CATCH members need to attend CATCH training	Kathleen	Summer 2011	
Contact our IT department to get advise on how to correlate our own student PEIMS information with our FitnessGram results	Kathleen	October 2011	

Human Sexuality

SUSAN/DEBBIE/SANDY/KATHLEEN

<b>DISCUSSION</b>	Talk First/Hable Primero was piloted at BCE for parents and was a huge success (45 in attendance)	
	The Human Sexuality Scope and Sequence has been developed and will guide the comprehensive programming.	
	Big Decisions and ALG were hugely successful; a high % of students signed up for both. The Health Teacher reports that giving up SIX days for humans sexuality instruction is carving too much from his other health objectives.	
<b>CONCLUSIONS</b>	We will offer Talk First/Hable Primero and LTE and HBMS, both in English and Spanish. One will be offered in the Fall and one in the spring.	
	We need to find a way to streamline the large load of Human Sexuality curriculum into 3-4 days max	
	We need to integrate 'booster' lessons for 10-12 <sup>th</sup> graders who have already taken health	
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
Kathleen will work with Planned Parenthood and campuses to lock in dates for Talk First/Hable Primero	Kathleen	Fall 2011
Kathleen will work with ALG, BD and health teacher to create a plan to integrate more of the human sexuality curriculum without using so much time; also, how to offer the booster lessons to upper classmen (lunches, go-time,)	Kathleen	On-going

ALCOHOL, TOBACCO AND OTHER DRUGS (ATOD)

PETE/ROBIN/SUZANNE/KATHLEEN

<b>DISCUSSION</b>	The curriculum for k-5 is strong, but still needs targeted improvement to integrate protective factors into guidance	
	CATCH can address some protective factors as well	
	ATOD prevention still weakest part of our Coordinated School health Programming although intervention has been going well with the DAEP counseling program that was started this school year; coffee chats going well, too	
<b>CONCLUSIONS</b>	District will support Kathleen in focusing mainly on ATOD prevention programming; Kathleen will be responsible for creating a k-12 scope and sequence for ATOD and doing guest teaching through natural avenues such as health classes and science classes	
	Chief Radford from Lakeway PD also asked our SHAC to join in the Lakeway Public Safety Day on September 10, 2011; we can promote what we feel would benefit the community most (ideas: clean up your cabinet program to dispose of old medications.)	
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
Kathleen doing research, aligning Health ATOD TEKS with existing curriculum	Kathleen	On-going
Get place on VOLUNTEER form for Hosting a Coffee Chat	Kathleen/Sandy B	July 2011

UPCOMING PROJECTS/EVENTS

KATHLEEN

<b>DISCUSSION</b>	Lakeway Public Safety Day	
	FitSmart February 2012	
	Adding a 5K to the FitSmart??	
<b>CONCLUSIONS</b>		
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>

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