



And

The Cavalier Cafe

Price List 2010-11

This price list includes all items offered, though not all items are available every day

COMPLETE MEALS

Lunch

Student		
	Ele.	\$ 2.50
	MS	\$ 2.80
	HS	\$ 3.35
Adult		\$ 3.35

Box Salads are also sold at the meal price & includes milk and saltines

Breakfast

Student		
	Ele.	\$1.50
	MS	\$1.60
	HS	\$1.75
Adult		\$1.90

Lunch Ala Carte

Regular Entrees		1.95
	Includes hamburger & most sandwiches	
Large Sandwiches HS		3.00
Bistro Baskets HS		4.50
	Includes baked fries, fruit or salad + roll	
Pizza Hut Pizza Slice		2.15
Chick-fil-A Sandwich		3.60
Clux Deluxe Chicken Sandwich		2.50
Homemade Sub (HS)		3.00
Banzai Fresh Sushi (6)		4.25
Baked Fries		
	regular	1.00
	Large	1.50
Vegetable side		.95
Baked Potato (butter/sour cream)		1.75
Stuffed Baked Potato		2.55
Fruit side (ivex portion)		.70
Whole Fresh Fruit		.80
Fresh Fruit Bowl	4 oz	1.25
	6 oz	1.85
Side Salad (12oz bowl, No meat/cheese)		1.70
Salad side (ivex portion)		.70

Lunch Ala Carte (continued)

Soup (12oz bowl)		1.65
Hot Roll ea.		.45
Sliced Bread	ea.	.45
Garlic bread, etc.	ea.	.45
Iced Tea (HS and Adults)	12OZ	.75
Lipton Tea, canned	12OZ.	1.05
Sweet Tea, bottled	12OZ.	1.45
Gatorade (HS)	12 OZ	1.05
Bottled 100% Juice	12 OZ	1.25
Lemonade, regular & sugar free		1.05
Fruit Smoothie 100% juice		
	12 OZ.	1.90
	8 OZ.	1.30
	6 OZ.	1.00
Slushie 50% juice		
	12 OZ.	1.30
	8 OZ.	.90
	6 OZ.	.70
Bottled Water	20 OZ	1.05 or .85 w/ purchase of CN lunch
	12 OZ	.95 or .75 w/ purchase of CN lunch
	8 OZ	.65 or .55 w/ purchase of CN lunch
Mint Water (HS)		2.15
Milk	½ pt	.55
	Pint bot.	1.35 or 1.05 w/ purchase of CN lunch
Soy Milk	8 oz.	.90 or .45 w/ purchase of CN lunch

Snacks and Desserts

Bluebell Ice Cream see price list attached

Cookies	1 oz ea	.35 Sold individually
<i>Chocolate Chip, Peanut Butter, Sugar, Oatmeal Raisin</i>		
Cookies	(HS) 1.5 oz ea	.45 Sold individually
Homemade Cake	(MS & HS) 5x10 cut	1.00
	(elementary) 7x10 cut	.70
Homemade Cobbler	4 OZ	.95
Homemade Pudding	4 OZ.	.85
Annie's Frozen Yogurt	HS 4 OZ.	1.50
Baked Chips	60/cs Lg	.95
	88 - 104/cs Sm	.75
Nutri-grain Bars		.85

60¢ Snacks

Mini Rice Krispie	Sunflower Seeds
Whole Dill Pickle	Granola Bar (all varieties)
Teddy Grahams	Zoo Crackers
3-ct Graham Crackers	Clodhoppers
Goldfish Snacks	Goldfish Grahams
Quaker Fruit Bars	Quaker Kids Snack Mix

75¢ Snacks

Rice Krispie Treat
Extreme Fruit
Reduced Fat Cheez-its

Planter's Peanuts (HS & MS)
Rold Gold Pretzels 1 oz.

Breakfast

Hot or cold cereal	milk not included	.80
	Milk extra	.55
Bagel		.85
	W/ Cream Cheese	1.10
	W/ Ham & Cheese	1.30
Bageler		.85
Pizza Stix, Cheese-filled	ea.	.75
Homemade Cinnamon Roll	(1 oz).	1.05
	HS & MS(2 oz)	1.25
Cinnamon Tastrie	ea	.85
Frudel		.85
Breakfast Pocket		1.00
Breakfast Burrito		1.00
Pancakes & Syrup		2/.85
French Toast Stix/Syrup		3/.85
Waffle Stix & Syrup		2/.85
Pancake/Saus on stick		.85
Biscuit	ea.	.45
	+ sausage & cheese	1.00
Biscuit w/ gravy		.60
Pineapple-Upside Down Biscuit		.85
Sausage Roll	2 oz.	.85
Sausage Link	2 links for	.85
Sausage Patty	ea	.45
Bacon	ea	.40
Wheat Toast		.45
Cinnamon Toast		.55
Muffins Reduced Fat	1.8 oz	.70
Scrambled Eggs	#12 scoop	.65
Breakfast Taco	w/ egg, potato, cheese	1.25
Hash Brown patties	2 oz ea	.65
	1 oz ea.	.45
Danimals Yogurt	4 oz	.75
Yogurt	6 oz.	1.00
Juice 100%	4 oz	.50
	6 oz	.75

Bluebell Ice Cream
Approved items list 2010-11

APPROVED FOR ALL SCHOOLS

Sell-for Price

Cups

65¢

- No sugar added Vanilla, 3 oz.
- Vanilla Light, 3 oz.
- Vanilla, 3 oz.
- Cookies 'n Cream Sundae, 3 oz.
- Chocolate, 3 oz.
- Chocolate Low-Fat Frozen Yogurt, 3 oz.
- Lime Sherbet, 3 oz.

75¢

- Homemade Vanilla, 3 oz.
- Dutch Chocolate, 3 oz.

Mini Items

50¢

- Mini-Vanilla Country Cone, 1.75 oz
- Mini- Krunch Bars, 1.4 oz.

Bars

75¢

- Dream Bar, 3 oz.
- Coconut Bar, 3 oz.
- Chocolate Fudge Bar, 3 oz.
- Banana Fudge Bar, 3 oz.

50¢

- Fat-Free Fudgy Bar, 2 oz.

APPROVED FOR MIDDLE & HIGH SCHOOL ONLY

Sell-for Price

70¢

- Vanilla Sandwich, 3.75 oz.
- Double Vanilla Sandwich, 3.75 oz.
- Grizzly Bar, 3.25 oz.

\$1.25

- Snickers, 2.66 oz

APPROVED FOR HIGH SCHOOL ONLY

Sell-for Price

85¢

- Fudge Blast, 4 oz.
- Double Banana Bar, 4 oz.
- Nutzo Cone, Cookie Cone 4 oz.
- Great Divide Bar, 2.75 oz
- Krunch Bar, 3.25 oz.
- Belle Bar, 3 oz.
- Cookies & Cream Sandwich
- Vanilla Ice Cream Sandwich
- Neopolitan Sandwich

\$1.25

- Almond Bar 2.75 oz.

\$1.85

- Snickers, 3.33 oz.

\$1.85

- Half-Pint Ice Cream, all flavors

\$1.10

- Country Cone
(Vanilla, Cookies & Cream) 4 oz.

\$3.15

- Pint Ice Cream, all flavors