



Celebrating fun, food, and healthy living!

**Sunday Feb. 26, 2012
12:00 – 4:00 p.m.
Lake Travis High School**

Please become our partner in this community event!

Lake Travis Independent School District (LTISD) Food and Nutrition Services Department (FANS), the LTISD Healthy Lifestyles program, and the FANS Parent Advisory Committee are sponsoring the 3rd Annual **FitSmart Expo** for the LTISD community! This fun and free event will highlight the programs within LTISD that promote health education, nutrition, fitness, and healthy lifestyles. The Expo will also celebrate overall health and fitness.

We have so much planned for this event! The Expo will be on the Lake Travis High School campus, and will include several of the attractions that were so popular at last year’s Expo:

- The family *FitSmart obstacle course*
- *Human Hamster Balls*
- Healthy Cooking Demonstration
- *Sports Action Fun for Kids*: LTHS sports team members and coaches will demonstrate sports techniques and conduct short drills with kids.
- Blood Donation Mobile hosted by the Blood Bank of Austin
- *Healthy Snack Creation Station* featuring a create-a-snack table for the kids
- *What’s for Lunch?* Free samples of the tasty & healthy fare offered in all LTISD schools
- *Colin’s Hope*, water sport safety

Fun! Challenges! New this year is the Randy Saucedo Memorial 5K run to kick off the day! There is so much more! We’re very excited to once again hold this wonderful community event and we’re currently looking for individuals, businesses, and organizations who are interested in becoming a partner of the **Lake Travis ISD Community FitSmart Expo**. We’re seeking support of both monetary donations and materials to ensure a successful event this year. Please take a few minutes to read about our partnership levels and the opportunities for you to make a difference on Page 2. Next, complete the *Donation Record* below and return with your donation or contact us to discuss further. *Official donation confirmation letters are sent after the event date.

Please join with us and become part of this positive event for our children and the community. We sincerely appreciate your consideration of support!

Best regards and healthy days to you!

Traci Miller, RD LD
Director, LTISD Food & Nutrition Services and **FitSmart Expo** Committee Member
607 Ranch Road 620 North Austin, TX. 78628
512 533-6035
millert@ltsidschools.org

Lake Travis ISD Food & Nutrition Services
3322 Ranch Road 620 S.
Austin, TX 78738
(512) 533-6037

Donation Record
TIN# 74-2187328
Date: _____

Monetary donation of \$ _____ (make checks payable to LTISD FitSmart Expo)

Material donation of: _____ (½ of retail value)

Donation made by _____

Donor Address: _____

Donor Phone #: _____ Contact e-mail Address: _____

*Official donation Thank you and Confirmation Letter will be sent from LTISD Food & Nutrition Services after the event.