

Feb 2012 Breakfast Menu

Elementary \$1.50
 Middle School \$1.60
 High School \$1.75
 Pay online!

<https://www.lunchmoneynow.com/lmnlkt/Main.htm>

Sign up to receive e-mail alerts
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Lake Travis ISD



+Beef ~Poultry ^Pork ^Fish
 }Vegetarian


Kick-start your day
 with school breakfast!



**Need the complete price list?
 Want more information about our café?
 Find answers to these and more at:
www.ltidschools.org
 (click on "menus")**

1
*"Breakfast Ham & Cheese Scramble
 Wheat Toast
 Sun Morning Mix-Ups
 Variety of Cereals
 Chilled Fruit
 Fruit Juice
 Milk*

School Breakfast



Is YUMMY and NUTRITIOUS
 for students,
and make mornings
 easier for Moms & Dads!

2
*~Sausage Patty
 Homemade Cinnamon Roll
 Variety of Cereals
 Chilled Fruit
 Fruit Juice
 Milk*

3
Manager's Select Menu

6
*Hard-Boiled Egg
 Cinnamon Tastries
 Sun Morning Mix-Ups
 Variety of Cereals
 Chilled Fruit
 Fruit Juice
 Milk*




7
*"Healthy Morning Pizza
 (Tony's Breakfast Sausage Pizza Bagel)
 Variety of Cereals
 Chilled Fruit
 Fruit Juice
 Milk*

8
*}Egg, Potato, & Cheese Breakfast Taco
 Variety of Cereals
 Sun Morning Mix-Ups
 Chilled Fruits
 Fruit Juice
 Choice of Milk*



9
*~Sausage Patty & "Bacon
 Tropical Daybreak Bar
 Variety of Cereals
 Chilled Fruits
 Fruit Juice
 Choice of Milk*

10
*"Ham & Cheese Biscuit
 Variety of Cereals
 Chilled Fruit
 Fruit Juice
 Milk*

<p>13</p> <p>}Cheddar Cheese Cubes Apple-filled Churro Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>	<p>14</p> <p>}Scrambled Eggs Potato Wedges Wheat Toast Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>	<p>15</p> <p>"Pancake & Sausage on a Stick Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>		<p>16</p> <p>}Yogurt Crunch Mini-Muffins Sun Morning Mix-Ups Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>	<p>17</p> <p>*Country Breakfast Biscuit, Sausage patty, Gravy Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>
<p>20</p> <p>Honey Ham Slice French Toast & Syrup Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>	<p>21</p> <p>Hard-Boiled Egg Morning Sunshine Bars Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>	<p>22</p> <p>Scrambled Eggs w/ Salsa }Bean & Cheese Taco Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>	 <p>Celebrating fun, food, and healthy living! Sunday Feb. 26, 2012 Lake Travis High School Randy Saucedo Memorial Mile & 5K @noon 1-4pm FitSmart Expo with food, fun and challenges!</p>	<p>23</p> <p>"Little Smokies Hot Oatmeal w/ Lots of Toppings Sun Morning Mix-Ups Variety of Cereals Chilled Fruit Fruit Juice Milk</p>	<p>24</p> <p>~Sausage Patty & "Bacon Raisin Toast Variety of Cereals Chilled Fruit Fruit Juice Milk</p>
<p>27</p> <p>Breakfast in a Bag }String Cheese Blueberry Muffin Variety of Cereals Chilled Fruit Fruit Juice Milk</p>	<p>28</p> <p>~Sausage Links Whole Grain Waffle Sticks Variety of Cereals Chilled Fruits Fruit Juice Choice of Milk</p>	<p>29</p> <p>Breakfast Ham & Cheese Scramble Wheat Toast Sun Morning Mix-Ups Variety of Cereals Chilled Fruit Fruit Juice Milk</p>	<p>Good sources of Vitamin A: Carrots, sweet potatoes, bell peppers, pumpkin, spinach, kale, cantaloupe</p> 		<p>To file a complaint of discrimination, write U. S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer.</p>