

Community Resources

Austin Family Institute

(Austin Academy for Individual and Relationship Therapy),
Not for Profit Organization

4201 Bee Cave Rd., Suite C-123
329-6611

Provides individual, marriage, couple and family counseling for children and adults. Offers sliding scale to income eligible.

Austin Center for Life Enrichment

8705 Shoal Creek, Suite 101
451-9809

Provides individual and family counseling and serves children two and older as well as adults. Fees are based on a sliding scale and numerous insurance policies are accepted including CHIP.

Capital Area Counseling

Provides low-cost, no-session-limit psychotherapy for adults, children, couples and families

2824 Real Street
Austin, Texas 78722
512-302-1000

INSPIRE

7004 Bee Caves Rd., #2-105
328-2563

Intervention strategies for teen alcohol and drug use; provides brief out-patient therapy approach that is cost effective.

Lifeworks

735-2110

www.lifeworksweb.org

Provides a variety of services to youth and families including individual and family counseling. Serves adults and children ages seven and up. Fees based on a sliding scale. Offers shelter and services for runaway youth.

Listening Tree and Associates

3906 N. Lamar, Suite 202
458-2844

Provides counseling on a sliding scale to children and families and offers evening and weekend hours. Psychological testing for ADD/ADHD.

Safeplace

1515 A Grove Blvd.
267-7233

www.austin-safeplace.org

Provides free or low-cost counseling to victims of domestic violence or sexual assault.

STARRY

1300 North Mays (Round Rock)
388-8290

Offers services to families in conflict, delinquent youth and runaway teens.

Tejas Behavioral Health Services

1700 S. Lamar, Suite 104A
447-6000

www.tejasbhs.com

Provides affordable psychiatric outpatient assessments for children, adolescents and adults challenged with mild, moderate and severe mental illness and **substance abuse disorders**.

Waterloo Counseling

3000 South IH-35, Suite 315
444-9922

www.waterloocounseling.org

Offers individual, family and group counseling to people dealing with sexual orientation or gender issues.

Wonders & Worries

1718 E. Sixth Street, Ste. 100, 78702
512-329-5757

www.wondersandworries.org

Helps children and their families cope when a parent or caregiver has a chronic or life-threatening illness; free of charge, in English and Spanish.

PRIVATE THERAPISTS

Beth Abel

1008 Mopac Circle, Ste. 200, 78746
512-327-6677

Mike Brooks, Ph.D. (psychologist)

6012 Wm Cannon Dr., 78749
Office: 891-1500

Samantha Clark, LCSW

2903 RR 620 North, Lakeway, 78734

Betsy Fredrickson, LCSW

13625 Pond Springs Rd., Ste. 105, 78729
Office: 914-0006

Melanie L. Horn, PH.D. (psychologist)

317 RR 620 South, Ste. 302A, 78734
Office: 261-6005

Rebecca Kloc, LPC

512-940-7434
3101 Bee Caves Rd, Ste 125

Vaughn L. Mankey, M.D.

(psychiatrist)
512-522-3627

Jim McVey

10111 Golden Meadow, Ste D, 78758
373-0959

Mary Moore, LMSW-ACP

3660 Stoneridge, Bldg., D, 102, 78746
328-5357
Child and adolescent therapist.

Jan Ford Mustin, Ph.D., P.C.

4407 Bee Caves Rd. Bldg. 4, Suite 411
347-8100
Comprehensive testing and treatment services for children and families, specializing in academic, psychological and neuropsychological testing for children and teens.

J.C. Shakespeare, LPC-I

C: 626-3450

Michael Sliwa, LPC

12120 Ranch Road 620 North
219-0923

Jennifer Snow, LPC

13740 Research Blvd., Ste K2, 78750
C: 786-7466

Psychologists Referral and Information

451-4983

24-Hour Hotlines

MHMR First call for help: 472-HELP

Youth Crisis Hotline: 1-800-448-4663

Girls and Boys Town Hotline: 1-800-448-3000

Texas Runaway Hotline: 1-888-584-3357

Nat'l. Domestic Violence Hotline:
1-800-799-7233

Website: www.211centraltexas.org

Safeplace (women and children's shelter)
267-7233

**Austin/Travis Co. Outreach, Screening and Referral
for Substance Abuse: 1-866-693-6727**

INSURANCE INFORMATION**Children's Health Insurance Program (C.H.I.P.)**

1-800-647 6588
www.texcarepartnership.com

Call or visit the website for information on CHIP eligibility requirements, services, how to apply and assistance.

Medical Assistance Program (M.A.P.)

927-5300
(Community Health Centers: 972-4278)
www.cityofaustin.org/health/healthcare.portal.htm
Provides free or low-cost healthcare services for people in the Austin/Travis County Area.

Medicaid

1-800-252-8263
www.hhsc.state.tx.us/medicaid/inde.html
Information on Medicaid, application forms, etc.

Insure-a-Kid

248-3252
www.insureakid.com
Organization that helps families find low-cost children's health insurance. Also assists in the process of applying for, using and renewing insurance.

HELPFUL PARENT RESOURCES**ARCIL, Inc.**

825 E. Rundberg Lane, Suite A-1, 78753
832-6349
Provides free supportive services, counseling and education to people with disabilities of all types.

Cedar Springs Treatment Center

(for eating disorders)
4613 Bee Caves Road, Suite 104
Austin, TX 78746
512.732.2400

Family Connection- Child Care Resources

1301 S. Capital of Texas Highway, Suite C-210
327-7660
Provides a directory of child care resources as well as sliding scale and reduced cost providers.

For the Love of Christ

FREE grief counseling for kids/teens/families
www.fortheloveofchristi.org
512-467-2600

Medicaid Transportation Program

1100 W. 49th St.

458-7519 or 1-877-633-8747

Provides low cost transportation or transportation vouchers for public transportation to medical appointments covered by Medicaid. Call 2-days prior to appointment.

Texas Parent to Parent

3710 Cedar Street, Box 12

458-8600

www.txp2p.org

Support and information on available resources for families with children who have disabilities. It's a statewide, non-profit developed by parents for parents or families with children with disabilities, chronic illness and other special needs.