February 2022 SHAC Meeting Minutes

Date:   February 9, 2022

Time: 1:00pm - 2:30pm

Location:  Educational Development Center, Live Oak Room, 607 RR620 North, Austin, TX 78734

Recorded Version of Meeting:  SHAC Committee Meeting 2-9-2022.mp3

Attendees:   Jennifer Fleck  
            Anu Koberg  
            Laura Gonski  
            Sidney Saxon  
            Corina Semph  

Staff:   Jennifer Lyon  
        Stefani Allen  
        Mak El-Hassan  
        Ryan Mikolaycik  
        GW Byers  
        Marissa Albers  
        Becca Harkleroad  
        Lisa Prosper-Stevenson  

Minutes Recorded By:  Lisa Prosper-Stevenson

Agenda Topics & Order:
1.   Call To Order  
2.   Training and Purpose of SHAC  
3.   Meeting dates  
4.   Topics to be discussed for the year include SHAC bylaws, Sexual Health Curriculum, Health and PE Curriculum Adoption, Wellness Policy  
5.   Adjournment

Call to Order - General summary of meeting’s purpose and agenda from HSEL Director, Jennifer Lyon. Brief introductions were shared by each person in attendance. Lake Travis Peace Officer did not participate in meeting discussion and was there in attendance only.

Notice of training of what SHAC is, its purpose, and what we do as a council. Definition of SHAC has been shared and now understood as School Health Advisory Council/Committee. Review of presentation prepared by Director, Jennifer Lyon. Copy now attached to meeting file for reference.
Presentation linked here:  SHAC Training

Topics addressed in presentation slides as follows:

- Purpose of SHAC  
- Coordinated School Health Wheel  
- Benefits of SHAC
- Membership
- Laws governing SHAC
- Meetings - Feb. 9, Mar. 2, Apr. 6, May 11, 2022

cont’d

- Updates
  - Update to SHAC Bylaws - Last updated in 2014. Brought to committee’s attention by member Jennifer Fleck.
  - Assessment of potential review of sexual health curriculum, Lifeguard.
  - Review needed of new health and Physical Education curriculum adoption,
  - Review needed to update the Wellness Policy.

- Questions

Time was provided for members to discuss items not on the agenda.

SHAC Bylaws Discussion - Time provided for review of 2014 copies of existing bylaws as written.

- Overall agreement on the need for increased membership and commitment to participation all around. Majority of members need to be community parents, not employed by the school district. Committee co chair to be a parent member.

- Intended membership structure:
  - From the School Board: 7 appointees
  - School appointees: 2 appointees from each elementary school (7 schools, 14 total)
  - 2 appointees from each middle school (3 schools, 6 total)
  - 4 appointees from the high school (1 school, 4 total)
  - (1 PTO appointed member from each school included in the above counts.)
  - Community At-Will members: 5 appointees
  - Student body representatives: 2 appointees
  - 40 total.

- Lake Travis ISD PD as a community representative would be encouraged to participate.
- Preference that parent members be LTISD residents was also expressed.
- Discussion of term limits. Final recommendation of 2 - 3 years allows time for a build up of rapport. The first year new bylaws are adopted will require a rotation of some members at a 3-year assignment and other 2-year assignments with permanent 2 year alternating rotation after that. Members will be advised of the need for commitment to participation. Attendance would be emphasized for voting with a quorum met of non-LTISD employee members required for a final vote.
- Discussed: Required attendance at meetings, i.e. 2 out of 4 meetings or replacement at school years’ end. No resolution.
- Co-chair to be voted on by parent members.
- Jennifer Lyon will work with GW Byers to educate and recruit PTO members at upcoming Leadership meetings.
- Discussion of student member participation. Volunteer hours to be offered for participation with voting rights.
● Disclosure of membership to be posted on LTISD website.
● To be determined: If the committee will have officers. Interest expressed in at least having a committee Secretary.
● Meetings preferred to be in-person and during the day.
● Interest expressed in seeing bylaws of other school districts if available.
● A final draft of the SHAC bylaws will be presented to the SHAC committee prior to the Board.
● Law requiring one sub-committee was addressed. Committee is currently considering a subcommittee on Physical Activity/Fitness Planning. To be finalized at a later date.

Sexual Health Curriculum discussion:
● General recommended push to start in 7th grade, not 6th.
● To be discussed - separating boys and girls through middle school.
● Parents are able to request video material from Lifeguard if they were unable to view from links sent by school.
● Members encouraged to reach out if there is interest in exploring other sex health curriculum.

New Health/PE Curriculum TEKS discussion:
● Required TEKS and options for materials covering the same are being gathered and will be shared with the committee at the March meeting.
● Question raised if fetal development would be covered and if it should be moved to sex ed.
● Health is currently taught in PE in 8th grade and there is no PE at the high school level.
● Health class is also no longer a graduation requirement after HB5 and multiple attendees expressed interest in reinstating it as a school district requirement.
● Life Skills classes already provided at high school may be considered as an option for including health material going forward.

Digital Citizenship discussion:
● Multiple concerns about cellphone usage in lunchrooms and food shaming of students.
● General appropriate use coaching needed for such a valuable tool.
● Parent committee members with concerns are strongly encouraged to reach out to campus administrators when problems arise so they can have awareness and take action as needed.

Wellness Policy
● Current policy being worked on by committee members Ryan and Marissa to be presented at a later date for further evaluation and eventual recommendation to the Board.

Second Step discussion:
● More transparency to parents requested by committee members. General questions on access.
● Several members stated the program needs to be more engaging to students. Possibly peer taught or at least by a younger, more relatable person.
● Middle school and elementary school formats should be different to account for levels of maturity.
● Question raised on whether or not content is even necessary and how much it impacts academics.
● TEKS around SEL need to be considered with the allowance that TEKS are the minimum and possibly need to stay closer to the minimum requirements on said topic.
● SEL can help provide language for students to discuss topics they may not have the ability to express until learned was shared by committee members employed by the school district. The importance of emotional skills being balanced for maximization of learning.
● It was determined a fuller discussion on SEL will be slated for the April SHAC meeting.
Votes: No votes were put forward for this meeting.
Meeting adjourned with next meeting set as Wednesday, March 2, 2022.
March 2nd meeting will discuss Sexual Health Curriculum and PE/Health Curriculum Adoption
April 6th meeting will include a quick review of the Wellness Policy and a discussion around SEL and Second
Step in Middle School.
May 11 meeting will wrap up SEL discussion and any other topics as well as what needs to be voted on and
presented to the school board.