

LTISD FOOD ALLERGY INFORMATION

1. Nutrition and allergen information is updated annually for all products served in LT Cafes.

2. Nutrislice menus include allergen icons for the "Big 8," sesame, strawberry, and all meat.

3. There are NO meals or snacks served at the elementary level that contain peanuts or tree nuts as ingredients.

4. Nut Allergy NO List: includes a handful of snacks that include advisory allergen statements.

5. All LT Cafe employees receive food allergy training and are skilled in providing safe meals.

6. Elementary cafes have "nut sensitive zones" at the end of each table.



MEAL ACCOMMODATION DIRECTIONS

1. Complete and turn-in food allergy packet to your campus nurse. The nurse will send packet to FANS department.
2. The FANS registered dietitian will contact parent/guardian to determine needed meal accommodations.
3. If the Cafe needs to make approved special items for your student, you must let the Cafe manager know by 9 am the day of service if your student will need a meal.
4. Utilize the special diet filter on the online menus to help your student plan their menu selections.
5. Contact Marissa Albers, MPH, RD with any questions or concerns. albersm@ltidschools.org | 512-533-6038

