

2018 Bowling Season



Erin Russo Head Coach

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**Special
Olympics**



Practices

THURSDAYS September 13 – November 1

High 5 Family Entertainment

4:30 pm - 5:20 pm OR 5:30 pm - 6:30 pm

Sign up through [SignUpGenius](#)

2 consecutive games before athletes are dismissed

Flashing/neon lights will be turned off while we practice



Rules for Bowling

- Traditional and “Granny Roll” are acceptable forms of bowling
- Bumpers are not used in practices nor in competition
- Ramp use is available for athletes that need it
- Athletes are expected not to cross the foul line and foul lights will be used.
- Athletes will alternate lanes. Volunteers will help bowlers go to the correct lane.
- No food or drink while practicing or competing (except water)

When possible, please consider staying after practice to enjoy food and games. Our lanes and shoes are donated by High 5. Let's show them how much we appreciate their donation!

Assisted vs Unassisted Ramp Bowling

Assisted Ramp:

An assistant may aim the ramp toward the pins, but must at all times have his/her back to the pins and aim based on direction from the athlete

Unassisted Ramp:

Athlete aims ramp into position with no assistance. Athlete can receive assistance in retrieving the ball from the ball return.

At no time (assisted or unassisted) can an athlete receive help in pushing the ball down the ramp.

Expectations

Be there for practice (attend at least 6)

Be dressed appropriately for bowling

Follow the Athlete Code of Conduct

- Sportsmanship
- Training and Competition
- Personal Responsibility

Try your best – taking data to submit to Area 13

Represent Lake Travis ISD

Have fun!



Competition

Events:

- BO Single
- BO Assisted Ramp Bowl
- BO Unassisted Ramp Bowl



Dates:

Friday November 2 – Sunday November 4

Athletes only compete on one day determined by event and age group. Area 13 creates the event schedule and decides location. It is an excused absence if competition occurs during school hours (Marisa will contact attendance clerk).

Locations:

- Dart Bowl [map](#)
- or
- Highland Lanes [map](#)

Transportation will be available for competition. Please let Marisa know if transportation is needed.

Rabbit Rule and Bowling Handicap

Rabbit Rule

Equalizes competition and protects against inaccurate entry scores. “Rabbited” athletes are awarded in the appropriate heat.

Bowling Handicap

Handicaps are determined during qualifying competition and result in scores adjusted to maintain competitive balance. Because athletes compete against bowlers of different handicaps, it's possible that the ***bowler who knocks over the most pins may not be the athlete to receive first place.***

If you believe your athlete has been awarded incorrectly, please speak with LT coaching staff and not SOTX staff, judges or volunteers.

Call for pictures

Photos from practices and competitions are used, with your permission, for:

LTISD Special Olympics webpage
End of the year banquet slide show

Forward photos to Marisa throughout the bowling season.

Not every parent wants their child's picture taken. If you aren't sure, please ask first.

