

LTISD Transition Information Newsletter

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Upcoming Events

Wednesday, November 18th & 19th - Project SEARCH Virtual Student Informational Sessions

Wednesday, December 2nd - Project SEARCH Virtual Parent Informational Sessions

Saturday, December 5th and 12th - Texas Parent 2 Parent presents "Pathways to Adulthood" 2-part Zoom Training

Saturday, March 6th - SAVE THE DATE!! Destination Life Virtual Transition Fair

LTISD Transition Specialist

Erika Musick - musicke@ltisdschools.org (512) 533-6153

November's Transition Focus is on Career Exploration!

Career Exploration is one way to find out about multiple career options. During the different phases of exploration, students take part in a variety of activities that can assist in figuring out their unique interests, skills, and talents. Students who have this knowledge are better prepared to identify next steps in post-secondary schooling or other means leading to a future career.

(adapted from Texas Workforce Solutions, Explore Career presentation, November 2020).

Check out the resources for Career Exploration shared in this month's newsletter!

Did you know that the Texas Transition & Employment Guide is online?

Head over to the Texas Transition Network Website <https://www.texastransition.org/> to download a copy in English or Spanish





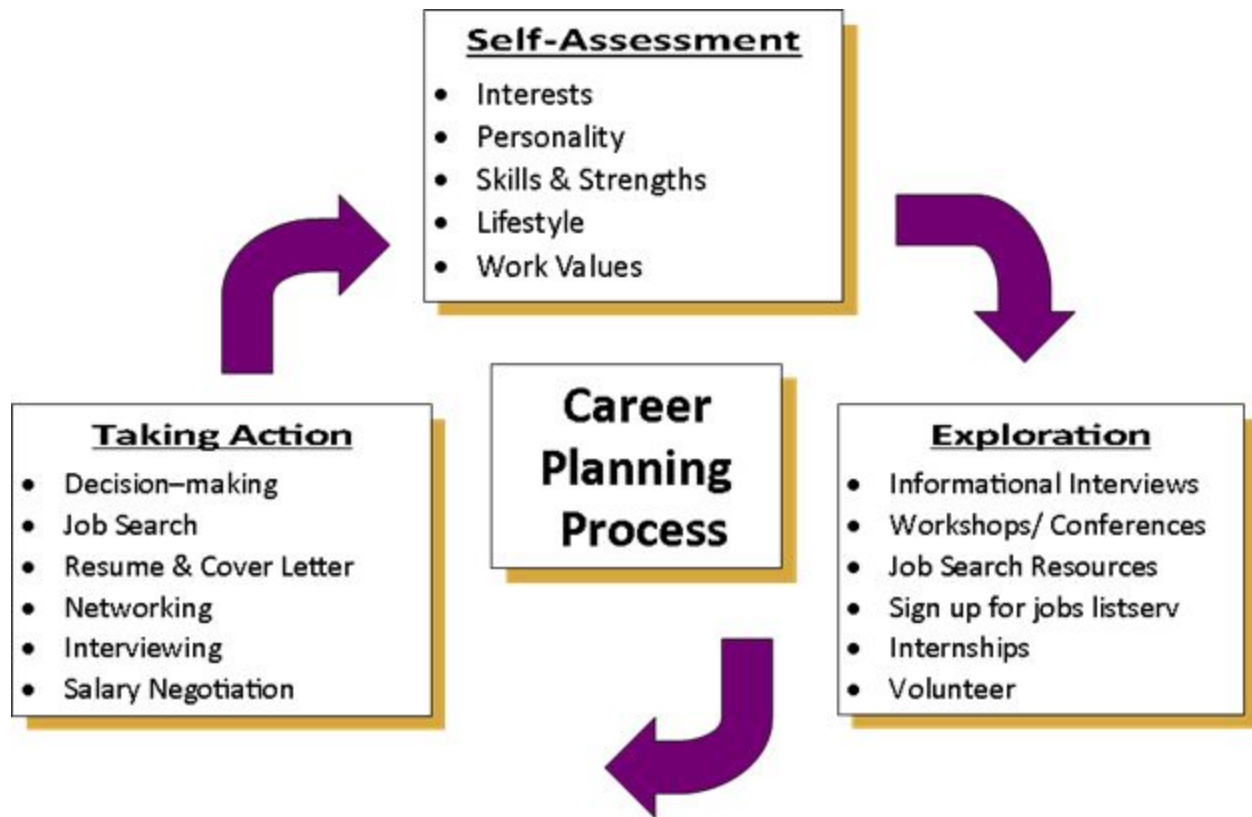
Career Exploration



(adapted from Texas Workforce Solutions, Explore Career presentation, November 2020)

Why is Career Exploration Important?

- Career exploration is an important tool in helping to find a desired career.
- The steps students take in career exploration can help guide in making positive, well informed education and career decisions.



How Do I Explore Different Careers?

- **Labor Market and Career Information Page**
 - <https://lmci.state.tx.us/>
 - Texas Workforce Solutions provides data through the Labor Market and Career Information Page. This is a suite of easy to use labor market research tools that provides time series labor market data and inquiry capabilities for labor force, employment/unemployment estimates, industry and occupational projections, and occupational wage data.
 - Check out the how to navigate videos at <https://texaslmi.com/Help/Materials>

- Jobs Y'all

- <https://jobsyall.com/>
- Anything is possible – that's what Jobs Y'all is all about. Jobs Y'all is where you can explore good-paying and meaningful careers in growing industries. Here, you'll discover rewarding and satisfying jobs right in your hometown or elsewhere in Texas. Find the career that matches your interests and goals. Your career starts here.
- Jobs Y'All! Provides highlights for the 8 major industries in Texas: Biotechnology, Life Sciences & Healthcare, Energy, Advanced Technologies & Manufacturing, Aerospace & Defense, Petroleum Refining & Chemical Products, Construction, and Transportation & Logistics



- Texas Career Check

- <https://texascareercheck.com/>
- Texas Career Check provides information specific to Texas on various jobs, education requirements, expected duties, average pay and job growth.
- Within Texas Career Check, you can learn about occupational trends - what types of jobs are needed statewide or in your region
- Occupational Information - If you have ever wondered, "Is that a job?" - this is a great place to start!
- Military Occupations - If you are interested in serving in the military, this page provides a breakdown of what branches offer specific career paths.
- Comparing Occupations - Are you interested in two different jobs? Compare them with this awesome tool!



TEXAS

Career Check

- O*NET Online

- <https://www.onetonline.org>
- The O*NET Program is the nation's primary source of occupational information. Valid data are essential to understanding the rapidly changing nature of work and how it impacts the workforce and U.S. economy. From this information, applications are developed to facilitate the development and maintenance of a skilled workforce.
- Central to the project is the O*NET database, containing hundreds of standardized and occupation-specific descriptors on almost 1,000 occupations covering the entire U.S. economy. The database, which is available to the public at no cost, is continually updated from input by a broad range of workers in each occupation.
- O*NET information is used by millions of individuals every year, including those taking advantage of O*NET Online, My Next Move, and other publicly and privately developed applications. The data have proven vital in helping people find the training and jobs they need, and employers the skilled workers necessary to be competitive in the marketplace.
- The Occupational Information Network (O*NET) is developed under the sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA) through a grant to the North Carolina Department of Commerce.



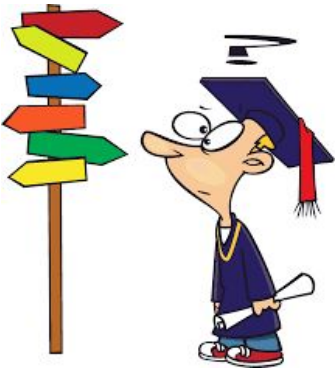
- **Roadtrip Nation**

- <https://roadtripnation.com/>
- Career exploration that starts with your interests.
- See how people like you found work that they love.
- Whether you're exploring new career paths or looking for inspiration, find the guidance you need from the stories of others.



- **Texas Reality Check**

- <https://texasrealitycheck.com/>
- Will you be able to afford the lifestyle you want?
- It's difficult to predict the future, but it's never too early to start planning for it. Texas Reality Check will show you how much your living expenses will cost, and the amount of money you will need to earn to pay for them.



Who Can Help Me with Career Exploration?

- Your family
- Your Case Manager
- Your LTHS Counselor
- Your Teachers
- Your Texas Workforce Counselor
- The LTISD Transition Specialist

When Should I Start My Career Exploration?

- Now! There's no time like the present!



Did you know that the Texas Transition & Employment Guide is online?

Head over to the Texas Transition Network Website <https://www.texastransition.org/>

Or download directly at

<https://www.texastransition.org/upload/page/0245/docs/TEA-Texas-Transition-And-Employment-Guide.pdf>



TEXAS WORKFORCE SOLUTIONS

VOCATIONAL REHABILITATION SERVICES

<https://www.twc.texas.gov/jobseekers/vocational-rehabilitation-services>

Texas Workforce Solutions-Vocational Rehabilitation Services supports people with disabilities to prepare for, obtain and advance in meaningful employment by providing a range of services based on an individual's employment goals. Our Vocational Rehabilitation (VR) counselors work closely with job seekers to determine an employment goal, and then identify and arrange for the high-quality services that lead to successful employment.

LTISD Texas Workforce Solutions VR Counselor contact information:

Paloma Montemayor-Price

paloma.montemayor-price@twc.state.tx.us

Vocational Rehabilitation - Youth & Students

<https://www.twc.texas.gov/jobseekers/vocational-rehabilitation-youth-students>

Texas Workforce Solutions Vocational Rehabilitation Services serves youth and students with disabilities to help prepare for post-secondary education and employment opportunities. Services are eligibility and need based. Pre-Employment Transition Services (Pre-ETS) are activities designed for students with disabilities. Pre-ETS support the career development process to increase the success of students with disabilities in obtaining employment after graduation from high school. These services can start as early as fourteen (14) years of age and up to age twenty-two (22). The VR Counselor provides counseling and guidance throughout the process. They also work together with educators and other people supporting the student in the schools.

Eligibility

You may be eligible for vocational rehabilitation services if you:

- Have a disability which results in substantial barriers to employment
- Require services to prepare for, obtain, retain or advance in employment
- Are able to obtain, retain or advance in employment as a result of services

Disabilities Served

Disabilities Other Than Vision-Related Disabilities

- Behavioral and mental health conditions
- Hearing impairments, including deafness
- Alcoholism or drug addiction
- Intellectual, learning and developmental disabilities
- Physical disabilities, including traumatic brain and spinal cord injury, back injury, paralysis and impaired movement

Vision-Related Disabilities

- Blindness
- Significant visual impairments
- DeafBlindness

Youth & Student Services


Get help preparing for post-secondary education and employment opportunities through the following individualized services. Services are based on eligibility and your individual need, and are provided in

collaboration with the family, high school, community college, or Educational Service Center.

Pre-Employment Transition Services

Receive core services, as needed, to help prepare for post-secondary education and employment opportunities:

- Vocational counseling, including counseling in job exploration and post-secondary training opportunities
- Counseling on opportunities for post-secondary education such as college, vocational schools, etc.
- Work-based learning experiences, including internships and on-the-job training
- Training in workplace and employer expectations
- Training in self-advocacy and social skills

The [Pre-ETS Catalog](#)  is a tool developed in partnership with [Texas A&M's Center on Disability and Development](#) to give students, parents, and educators a place to start learning about Pre-Employment Transition Services (Pre-ETS) and how to make contact with Vocational Rehabilitation.

Other Services

Services may be provided to help you achieve your education, training or employment goals, including (as needed):

- Referrals for hearing, visual and other examinations
- Assistance with medical appointments and treatment
- Rehabilitation devices, including hearing aids, wheelchairs, artificial limbs and braces
- Therapy to address a disability, including occupational or speech therapy and applied behavioral analysis
- Physical restoration
- Medical, psychological and vocational assessments
- Assistive technologies, including screen reader software, computer equipment and other items
- Job matching and placement services
- Transportation assistance to and from your job, college or certification program, Referral to other state, federal and community agencies and organizations
- Rehabilitation Teachers Services to help you learn Braille, orientation & mobility, and home and health management skills if you have a vision-related disability
- Vocational adjustment training
- Supported employment services

Information Required When Applying for VR Services

Directions: Below is a list of information that you will need to bring with you when you apply for services. You may need your parents help with gathering some of this information and they may need some time in order to get it ready.

If you are under the age of 18, bring a parent who will act as your representative and sign on your behalf. Both of you will need to be present at the time of application.

Please bring the following items to your appointment:

- ❖ Photo ID: Such as- Student ID, Driver's License, State Issued ID, Military ID, or Passport
- ❖ Social Security Card: Even if you know your number or have it on your Military ID, we still need to see your card in person.
- ❖ Insurance Card: If you have insurance of any kind, please bring the documentation of this.
- ❖ Medical Records: If you have medical records or school records documenting your disability, please bring them. If you do not, do not go out and purchase them, we can order these records.
- ❖ Proof of income information: (A) Yours, if you are employed and (B) your parents if they claim you as a dependent on their income tax. For example, a copy of last paystub, SSI/SSDI, workers' compensation notice of payment, or most recent tax return.
- ❖ Proof of expenses related to monthly mortgage, rental payments, prescribed diets and medicines, debts imposed by court order, medical costs and disability related expenses.

If you have any questions or concerns, please call me or my assistant. I look forward to meeting and working with you!

Transition Vocational Rehabilitation Counselor:

Paloma Montemayor-Price, 512-872-3664 (vp) or paloma.montemayor-price@twc.state.tx.us

Assistant: Susan Rae Paulson, 512-383-7040 (v) or susanraepaulson@twc.state.tx.us

Texas state ID card / Driver's License - Texas Department of Public Safety

Obtaining a state ID or driver license prior to graduation will assist your student in many ways as they take the next steps in life! Please take a look at the information below for more information!

Texas Department of Public Safety Driver's License / ID Website:

<https://www.dps.texas.gov/DriverLicense/>

Guide for First Time Driver's License / ID Applicants:

<https://www.dps.texas.gov/Internetforms/Forms/DL-100E.pdf>

How to apply for a Texas Identification Card:

<https://www.dps.texas.gov/driverlicense/applyforid.htm>

Take a look at this brochure for more information:

<https://www.dps.texas.gov/internetforms/Forms/DL-57.pdf>



Project SEARCH - Partnership between LTISD, Easterseals and Baylor Scott & White - Lakeway

What is Project Search?

Project SEARCH's primary objective is to secure competitive employment for people with disabilities. Project SEARCH is driven by collaboration with many community partners: Baylor Scott and White Hospital - Lakeway, Lake Travis ISD, Easterseals, and Texas Workforce Solutions Vocational Rehabilitation Services. It is a one year program that follows the Lake Travis ISD school year, consists of individuals with a variety of disabilities, includes 3 internship rotations, and provides consistent on-site staff.

Eligibility Criteria:

1. Students who desire to work competitively at the conclusion of the Project SEARCH program.
2. Students 18 – 21 age range
3. Student has a documented disability under IDEA.
4. Students who have finished their necessary credits for graduation, and have not received a high school diploma.
5. Students eligible for TWSVRS (Texas Workforce Solutions Vocational Rehabilitation Services).
6. Students who do not have a criminal record and severe behavioral problems.
7. Pass a background check and drug screen.
8. Students who will benefit from career exploration by participation in a variety of internships.
9. Provide own transportation to and from Scott & White Hospital.
10. Maintain independent hygiene and grooming skills.

What is the application process?

- ◆ Talk to your teachers, case managers, family to make sure this program is right for you
- ◆ Attend an Informational Session *Students: 11/18 & 11/19/2020 at 2:00pm RSVP to your Case Manager*
Parents: 12/2/2020 at 8:00am & 12:00pm
RSVP Requested : (<https://forms.gle/28vsRg1qf6yBjGd37>)
- ◆ Complete the application with your family & teacher (*Applications Available: 1/5/2021, Deadline: 1/29/2021*)
- ◆ Complete an interview with the Project SEARCH Committee (*Week of 2/22/2021*)

***ALL REQUIRED DOCUMENTS MUST BE COMPLETED & SUBMITTED TOGETHER NO LATER THAN
January 29th, 2021***

- Completed Application Packet
- Student Contract
- Project SEARCH Parent Transition Survey
- Baylor Scott & White Behavior Standards



Questions? Contact us to learn more:

Kristin Curtis, Project SEARCH Teacher

Erika Musick, LTISD Transition Specialist

Helpful Transition Resource Website:



<https://www.txp2p.org/>

Texas Parent to Parent provides support, information, and education for families of children of all ages who have disabilities or chronic illness.

You can also follow them on Facebook for the latest information on upcoming training and informational sessions!

Upcoming Zoom Events:

- Saturday December 5th, 2020, 11:00 AM - 12:30 PM - Pathways to Adulthood, Part 1
 - Part 1: Getting Started On Transition / School And Career Exploration
 - [Click here to register](#)
- Saturday December 12th, 2020, 11:00 AM - 12:30 PM - Pathways to Adulthood, Part 2
 - Part 2: All About Long Term Services And Supports / Legal Planning For Age 18 And Beyond
 - [Click here to register](#)

Helpful Transition Resource Website:

<https://hhs.texas.gov/services/disability>

Federal Programs for People with Disabilities

Eligible people with disabilities may qualify for federal and state programs that pay benefits, pay health care costs or provide food. If you are not already signed up for one of these programs, visit the sites below to find out if you might be eligible or to apply for benefits.



What is CLASS?

<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/community-living-assistance-support-services-class>

CLASS provides home- and community-based services to people with related conditions as a cost-effective alternative to placement in an intermediate care facility for individuals with an intellectual disability or a related condition. A related condition is a disability, other than an intellectual disability, that originated before age 22 and that affects a person's ability to function in daily life.

Interested in receiving CLASS services?

Those interested in receiving CLASS are placed on an interest list by calling 877- 438-5658 and asking for the CLASS Waiver Program. The person will be contacted when funding becomes available. An offer of the CLASS Program depends on individual need and one's date of placement on the interest list. Current contact information is required for each person on the CLASS interest list, and HHSC must be notified of any changes to address or telephone number.

For more information please contact CLASSPolicy@HHSC.state.tx.us

Helpful Transition Resource Website:

Austin Travis County Integral Care (formerly known as MHMR)

<https://integralcare.org>

Integral Care supports adults and children living with mental illness, substance use disorder and intellectual and developmental disabilities in Travis County. As the Local Mental Health and Intellectual and Developmental Disability Authority, Integral Care strengthens our community by supporting our most important asset, our people, to achieve well-being. Integral Care provides individuals with high quality mental health care, collaborates with community partners to strengthen programs and systems, and works to raise awareness of mental health issues in our community.



<https://integralcare.org/en/intellectual-developmental-disabilities/>

Integral Care works with children and adults living with intellectual and/or developmental disabilities to make sure they have the tools they need to thrive. We create opportunities for people to form healthy relationships, live in the community and lead meaningful lives. Services are available regardless of ability to pay and can be provided in many languages.

CALL US TO LEARN HOW WE CAN HELP YOU

To learn more about our programs and services for adults and children with intellectual and/or developmental disabilities, call us at 512-472-HELP (4357). Press 1 for English, then 3. We're here Monday through Friday, from 8am to 5pm. Integral Care can also connect you to trusted community resources.

Helpful Transition Resource Website:



<https://www.arcaustin.org/>

The Arc of the Capital Area is one of the oldest continuously-operating non-profits in Austin. Since 1949 we empowered adults with intellectual and developmental disabilities. We serve over 1,000 individuals each year across 17 counties. Intellectual and developmental disabilities or I/DD is an umbrella term that includes more than 100 different diagnoses, including Down syndrome, cerebral palsy and Autism.

Intake & Referral Services

The Arc of the Capital Area offers a centralized telephone intake process for all of our services and programs. Please contact us at 512.476.7044, ext. 233, and an Intake Specialist will return your call within three (3) business days.

Normal working hours are 8:30 a.m.—5 p.m., Monday through Friday. The first step is a brief screening to determine eligibility for services and, if so, which services would best meet the callers' needs. The Intake Specialist will refer callers to other disability organizations and resources in the community, if appropriate.

Helpful Transition Resource Website:

ARCIL (A Resource Center for Independent Living)

<http://arcilinc.org/>

ARCIL is a consumer-driven, community-based, not-for-profit corporation dedicated to the empowerment of persons with disabilities to achieve maximum independence and equal community access. Services are developed, directed and delivered primarily by persons with disabilities. ARCIL contributes to the development and improvement of attitudes, resources, methodologies, and opportunities for community integration.



Historically, ARCIL has developed programs that provide services in information & referral, peer counseling, independent living skills training and advocacy. Other ARCIL services are in the areas of transition services from school to adult life, transportation training, employment assistance, community education through ADA technical assistance and disability awareness training.

Helpful Transition Resource Website:



Autism Society of Greater Austin

<https://www.texasautismsociety.org/>

The Autism Society, the nation's leading grassroots autism organization, exists to improve the lives of all affected by autism. We do this by increasing public awareness about the day-to-day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy.

The Autism Society of Texas changes lives by connecting families and individuals to community resources and support throughout Texas. Offerings include advocacy, education events, Information & Referrals, support meetings; on-line networking opportunities; Sensory Friendly films; and fun family activities. We rely on donations to support our work and keep services free for families and autistic adults.

Texas A&M's Coach 2 Communicate Project - FREE Parent Coaching

The Center on Disability and Development at Texas A&M University would like to offer training at no cost to Texas parents and caregivers of children up to age 22 with core features of autism spectrum disorder (ASD). Parents and caregivers will learn how to improve their child's communication skills. This service is provided by a grant project entitled *Coach to Communicate (C2C)*, sponsored by the Texas Higher Education Coordinating Board.

The training includes a 1-hour self-paced webinar that teaches behavioral strategies to increase communication use in children with ASD. Once complete, parents can choose to be paired with a coach for a more intensive 12-week training specific to their child's communication needs (again, at no cost to parents). Coaching is offered in English and Spanish.

TEXAS A&M UNIVERSITY Center on Disability and Development

Coach to Communicate (C2C) FREE Parent Coaching

- ✓ Caregivers of children with Autism Spectrum Disorder, birth to 22
- ✓ Anywhere in Texas
- ✓ Individualized based on your child's needs
- ✓ Improve your child's communication skills
- ✓ English and Spanish coaches available
- ✓ LIMITED availability

Join us today for the **NEW** session!

Enroll at autism.tamu.edu

ATM FBI NUMBER: 192013-0000 FBI APPROVAL DATE: 02/14/2019

Funding for this project is provided by the Texas Higher Education Coordinating Board.

TEXAS A&M UNIVERSITY Center on Disability and Development

Entrenar para Comunicar (C2C) Dos horas de clases gratuitas en línea por semana

- ✓ Padres de niños con trastorno del espectro autista, desde nacimiento hasta el 22 años de edad
- ✓ En cualquier lugar de Texas
- ✓ Individualizado a las necesidades de su hijo
- ✓ Mejorar las habilidades de comunicación de su hijo
- ✓ Entrenadores bilingües en inglés y español
- ✓ Disponibilidad LIMITADA

¡Únete hoy para la **NUEVA** sesión!

Aplicar a autism.tamu.edu

ATM FBI NUMBER: 192013-0000 FBI APPROVAL DATE: 02/14/2019

Funding for this project is provided by the Texas Higher Education Coordinating Board.

Lead with *T*heir Strengths 

Leverage *T*heir Independence

Lake Travis Special Services

Save the Date!

Virtual Event!

Saturday, March 6, 2021

Destination...LIFE

Regional Transition Fair & Conference

preparing/supporting students with disabilities and their families
for life beyond high school



Hosted by multiple area school districts!

**Job Training! Post-Secondary Education! Living Options!
Resources!**

**Speaker Sessions, Multiple Vendors, Community Agencies &
Organizations**

Erika Musick, Lake Travis ISD Transition Specialist
musicke@ltsidschools.org (512) 533-6153