Our Back to School/September’s Transition Focus is on Getting Started and Creating a Timeline!

Welcome back to school and to the first LTISD Transition Newsletter of the 2021-2022 school year! Throughout the year, Transition News will be one way the Special Education Department and Transition Specialist will work to keep students and families abreast of all things transition. In addition to personalized transition plans developed in conjunction with your child’s Special Education Team, this newsletter will provide you with upcoming school and community events, links to agencies and resources, as well as highlight an important transition topic.

Check out the resources on Transition Timelines & resources shared in this month’s newsletter!
**Preparation for Adulthood**

Preparing for adulthood can start long before high school - here is no need to wait for your child to approach 18 before researching, planning, and taking action on what the future can include. Students with disabilities, and their families, aren't on their own in this process. Your child's case manager, campus counselor, teachers and the transition specialist are here to help. There is no right or wrong time to begin transition planning. We are here to meet you where you are and hope the resources below help open up the conversation at looking into the future.

**The Texas Education Agency (TEA)**

Adapted from the TEA Website, September 2021

**Secondary Transition Guidance**

On this page you will find information about transition from school settings to post-school settings. This transition process should begin as early as possible but formally begins when a student with a disability turns 16.

Post-school settings and activities include:

- Post-secondary education;
- Vocational education;
- Integrated employment (including supported employment);
- Continuing and adult education;
- Adult services;
- Independent living; and
- Community participation.

As early as possible, schools should begin developing programs and services, based on a student's strengths, preferences, and interests that focus on:

- Instruction;
- Related services;
- Community experiences;
- Development of employment and other post-school adult living objectives; and
- If appropriate, daily living skills and a functional vocational evaluation.

Adapted from the Texas Transition Website, September 2021

https://www.texastransition.org/page/transition.families

Parents, you are present in your child's life before, during, and after public schooling, whereas your child's teachers are only involved for a short time. Because of this, you have a very important role during your child's transition process. When you have a good understanding of transition, you are better able to support your child in developing and implementing a plan to achieve their goals after high school. Although the transition period is an exciting time in your child's life, it is also a time when you may have many questions and concerns about your child's future, including:

- What happens when my child turns 18 years old?
- Can my young adult receive accommodations or modifications in college?
- Are programs available to help my young adult find a job?
- What community resources are available for adults with disabilities?
- What should I do if my adult child needs therapy after they graduate?
- If my child needs 24-hour supervision or care, will I have to quit working to care for my child when they become an adult?

The good news is there are people and organizations to help you and your child with the transition to adult life. For example, every school district in Texas is required to have a Transition and Employment Designee, known as a TED. The TED oversees the transition program at their district or charter school. The TED for Lake Travis ISD is Erika Musick-Griffin. She can be reached at 512-533-6153 or musicke@ltisdschools.org

**LTISD Transition Newsletter, Back to School/September 2021**
Texas Transition and Employment Guide

Adapted from the TEA Website, September 2021

The Texas Transition and Employment Guide provides information on statewide services and programs that assist students with disabilities in the transition to life outside of the public school system. The guide is divided into sections on Self Advocacy, Transition Services, Employment and Supported Employment, Social Security Programs, Community and Long Term Services and Supports, Postsecondary Educational Programs and Services, Information Sharing, and Guardianship and Alternatives. Each section has phone numbers, emails, and websites to help you find what you need. At the end of each section and at the end of the guide, you will find a timeline of steps that you and your parents can take as you make the transition from student to adult.

From the Guide: TRANSITION IN TEXAS TIMELINE

Transition prepares students to move from high school to adulthood. Transition in Texas begins before a student’s 14th birthday, or earlier if the admission, review, and dismissal (ARD) committee decides it would be right for you. As you get close to beginning high school, you will need to talk about what you want to do after graduation. Your transition services will be based on your needs, preferences, and interests. The ARD committee (which includes you and your parents) writes the transition plan as part of your Individualized Education Program (IEP).

The Transition in Texas Timeline is a tool to help you and your parents work with the other members of the ARD committee to write your transition plan. Use this timeline to decide if these issues should be discussed at the ARD committee transition meetings.

Parents: If your child is identified with a developmental disability, put his or her name on an interest list until services are available, you can find more information about the interest list here https://hhs.texas.gov/about-hhs/records-statistics/interest-list-reduction. Please know that it may take years.
Texas Workforce Solutions-Vocational Rehabilitation Services supports people with disabilities to prepare for, obtain and advance in meaningful employment by providing a range of services based on an individual’s employment goals. Our Vocational Rehabilitation (VR) counselors work closely with job seekers to determine an employment goal, and then identify and arrange for the high-quality services that lead to successful employment.

Texas Workforce Solutions provides Vocational Rehabilitation services for eligible individuals with disabilities. Join a virtual informational session to learn more about VR Services, Pre-Employment Services, Workplace Supports, Post-Secondary Education Supports and MORE!

| Informational Session for Students who will attend Post-Secondary Education Programs after exiting public education (Certificate/Trade programs, Associate’s Degree program, Bachelor’s Degree program) | Tuesday, October 26th 11:00am or 5:30pm  
Virtual Presentation Link: [https://eanesisd.zoom.us/j/89714622025?pwd=UWFTTXVRMmFOM01rOHEzLzlyMFhFUT09](https://eanesisd.zoom.us/j/89714622025?pwd=UWFTTXVRMmFOM01rOHEzLzlyMFhFUT09)  
Meeting ID: 897 1462 2025  
Passcode: 735325  
Please RSVP by completing this Google Form: [https://forms.gle/H8oo8bQmW696RuAZ7](https://forms.gle/H8oo8bQmW696RuAZ7) |
|---|---|
| Informational Session for Students who will enter the Workforce after exiting public education | Thursday, October 28th 11:00am or 5:30pm  
Virtual Presentation Link: [https://eanesisd.zoom.us/j/88631371053?pwd=dE9ja0Vic29hNkJHS1E1Wjc4c3ZJdz09](https://eanesisd.zoom.us/j/88631371053?pwd=dE9ja0Vic29hNkJHS1E1Wjc4c3ZJdz09)  
Meeting ID: 886 3137 1053  
Passcode: 351462  
Please RSVP by completing this Google Form: [https://forms.gle/H8oo8bQmW696RuAZ7](https://forms.gle/H8oo8bQmW696RuAZ7) |
Individual Parent/Student Meetings, **by appointment only**, Lake Travis High School B201

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<thead>
<tr>
<th>LTHS</th>
<th>FOR ALL DATES</th>
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<tr>
<td></td>
<td><strong>What do I need to know?</strong></td>
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<tr>
<td><strong>September 2021- May 2022</strong></td>
<td>● To make an appointment, contact: Giovanni Pelini Transitional Vocational Rehabilitation Counselor <a href="mailto:giovanni.pelini@twc.state.tx.us">giovanni.pelini@twc.state.tx.us</a> (737) 577-1386</td>
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<td><strong>Every Tuesday</strong></td>
<td>OR Erika Musick-Griffin Transition Specialist, LTISD <a href="mailto:musicke@ltisdschools.org">musicke@ltisdschools.org</a> 512-533-6153</td>
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<tr>
<td><strong>9:00 AM - 4:00 PM</strong></td>
<td>● Case Managers/Transition Specialist will help with securing a pass for the student to attend their on-campus meeting(s). Please include them in the communication loop about scheduling.</td>
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<td><strong>By Appointment Only</strong></td>
<td>● Currently, all TWS VR Meetings will be virtual. Students will work with their Case Manager or the Transition Specialist to secure a quiet location to log into the meeting.</td>
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<td></td>
<td>● For questions about how TWS and the public schools collaborate, or anything else related to post-secondary transition, contact:</td>
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<td></td>
<td>Erika Musick-Griffin Transition Specialist, LTISD <a href="mailto:musicke@ltisdschools.org">musicke@ltisdschools.org</a> 512-533-6153</td>
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**Parent to Parent - Transition Timeline & Planning Tools**

For more information, go to [txp2p.org](http://txp2p.org), or attend a FREE Pathways to Adulthood Webinar

*Adapted from the Texas Parent to Parent Website, September 2021*

**Transition Timeline**, starting at age 6

**Transition Inventory**, a tool to assess where families are in planning for their youth's adulthood

**Pathways to Adulthood Training**

Part 1: Getting Started On Transition / School And Career Exploration
- Tuesday, October 19th, 2021, 6:00pm-7:30pm
- [Click here to register](#)

Part 2: All About Long Term Services And Supports / Legal Planning For Age 18 And Beyond
- Thursday, October 21st, 2021, 6:00pm-7:30pm
- [Click here to register](#)

**Weekly Parent Support Group**

- Zoom Support Group Calls (in English)
  - Wednesdays at 11:00 am
  - Hosted by Patty Geisinger
  - [Click here to register](#)

- Zoom Support Group Calls (in Spanish)
  - Wednesdays at 1:00 pm
  - Hosted by Rosalba Calleros
  - [Click here to register](#)

The TxP2P Pathways to Adulthood program assists families to plan a good life for their sons and daughters with disabilities after graduation from public school, and provides support, information and tools for carrying out this plan. For more information and to register, visit the TxP2P website at: [txp2p.org](http://txp2p.org)

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**Meet the LTHS Administration Team**
by watching this introductory video!

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**Lake Travis High School Counselors - College Campus Visits**

Take a look at the upcoming College Campus Visits on the LTHS Counselor’s Website! [https://www.ltisdschools.org/Page/1396#calendar1844/20210920/month](https://www.ltisdschools.org/Page/1396#calendar1844/20210920/month)

College Visits are back on Campus! **Juniors & Seniors** should go to the [College Visits Calendar](https://www.ltisdschools.org/Page/1396#calendar1844/20210920/month) to register for those Universities they wish to attend. Students will need to log in to the LTHS website (User Options top right of page, enter their own username/password). We are updating the Calendar daily so students are encouraged to check back frequently. Having trouble registering? Contact the Counseling Office.
Lake Travis High School Counselors - PSAT/Testing

LTHS will be hosting PSAT for grades 9, 10, and 11 on **October 13, 2021**. Students do NOT need to sign up for the PSAT.

- Freshman and Sophomore PSAT is practice.
- Junior PSAT is linked to the National Merit Scholarship Program. It can NOT be administered remotely--students must come to campus and take the exam. This will be a paper test and will require a pencil. Students will receive study guides in their English class this week. Please note, there will not be a make up test

Seniors will have an activity planned on this testing day. More details to follow.

Visit the [Testing web page](#) for more useful information.

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Lake Travis High School Counselors - College Readiness

Students, can create an account with [College Board](#). Here you will find resources, tips and score reports for:

- PSAT
- SAT
- AP

Parents, College Board also has useful information through [Parent Resources](#).

Kindly visit our [scholarship bulletin page](#) regularly as information is updated throughout the school year.

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Lake Travis High School Counselors - Hills of Austin College Fair

Lake Travis will be participating in the **Hills of Austin College Fair** this year! On **Wednesday, October 20th**, we expect over 100 Colleges to attend our Campus!

All Juniors will be walked to the Fair with their 7th period teacher; Seniors can attend during their lunch period. Registration is recommended but not required.

*The safety of our students and staff is very important to us. We will continue to monitor the COVID situation and update our protocol as needed.*
Transitions - Tips for Launching your Special Needs Teen into Adulthood
DATE/TIME: Tues., Sept. 21, 2021, at 12:00 noon

DESCRIPTION: As special needs children transition to the teen and young adult years, their needs change significantly. You can prepare your child (and yourself) for a successful transition to independence. This webinar will help you understand the key steps you can take to make the transition as smooth as possible. Join us as Special Needs Financial Planner Allison Schaberg explains how to successfully plan for your future.

PARTNER: Workforce Solutions of Central Texas System
ZOOM WEBINAR ID: 977 0484 2364
REGISTER HERE: https://us06web.zoom.us/webinar/register/WN_8eDfq3JXSmuICyv-e1UrRA

Should I open an ABLE account?
DATE/TIME: Wed., Sept. 22, 2021, at 12:00 noon

DESCRIPTION: There are many decisions to be made as you prepare for the future of your special needs family member. Living with a disability is often associated with significant costs. That’s why individuals and families should consider contributing to an ABLE account which offers tax-advantaged savings that can fund disability expenses. Join us as Special Needs Advisor Allison Schaberg explains how to successfully plan for your financial future.

PARTNER: Partners Resource Network - Region 13
WEBINAR ID: 881 5669 1518
REGISTER HERE: https://us02web.zoom.us/webinar/register/WN_NuNOj2ykTFWp4CB-MpU3wQ

Calm and Confidence in the Chaos: Self-Care Strategies for Parents of Children with ADHD
DATE/TIME: Tues., Sept. 28, 2021, at 6:30 pm

DESCRIPTION: Are you exhausted from constantly cleaning up after your child, reminding them to do their homework, and redirecting their attention to complete their chores? Do you question your parenting skills or worry that you’re going to say the wrong thing to your child? Are you at your wits’ end? You’re not alone. Join us on September 28th at 6:30 pm where we will learn and practice tools to help you feel calm and confident amid the chaos of parenting a child with ADHD.

PARTNER: This event is in partnership with Fort Bend ADDA Parent Support Group.
SPEAKER: Jessica Hernandez LMFT, LPC with Missouri City Family Counseling
WEBINAR ID: 885 1035 5475
REGISTER HERE: https://us06web.zoom.us/webinar/register/WN_3TWz3rvAQB-12-r-YrSBwg
Upcoming Event:

“Understanding Community First Choice” - Partners Resource Network in collaboration with The Arc of Gulf Coast will present a free webinar on Thursday September 23 at 10:00AM

Is your child on the Medicaid Waiver waiting list? Are you waiting 10-15 years for help but need help now? Community First Choice is a program that can assist you and your Medicaid eligible child/young adult with little to no wait time. Come learn more about this program!

Registration link: https://us02web.zoom.us/webinar/register/WN_o4H4zaKESPaHBkuy60GFdg
Upcoming Event:
https://aggieachieve.tamu.edu/

Aggie ACHIEVE at Texas A&M University is a four-year comprehensive transition program (CTP) for young adults with intellectual and developmental disabilities (IDD) who have exited high school. Aggie ACHIEVE provides an inclusive and immersive college education and equips students for employment in the community. Aggie ACHIEVE aligns coursework, internship opportunities, and extracurricular activities with each student’s academic interests and employment goals. Students reside in Texas A&M residence halls and have access to all campus-related activities. Aggie ACHIEVE students will graduate with a Certificate in Interdisciplinary Studies from Texas A&M University.

If you are interested in learning more about Aggie ACHIEVE and whether it would be right for you and your family, please attend an open house event. Open houses are a great way to visit with Aggie ACHIEVE and learn more about the admission requirements. In addition, this will also give you an opportunity to meet current students and staff. Due to COVID-19, we are unable to host on campus open houses at this time. However, we have two virtual open houses scheduled that you can attend. Please use the link below to sign up for one of the open houses: https://aggieachieve.tamu.edu/admissions/ If you are unable to attend, you can watch the recordings on our YouTube at any time!

Upcoming Virtual Open House Dates:

October 1st, 9:00am-11:00am Click Here to Register
November 12th, 2:00pm-4:00pm Click Here to Register

- For entry into Fall 2022, applicants must complete an online application. Applications will be electronic and will be posted on October 1, 2021. To complete an application for Fall 2022, please visit https://aggieachieve.tamu.edu/admissions/
- Aggie ACHIEVE follows the Texas A&M University deadlines for applications. Deadline for admissions for Fall 2022 is December 1, 2021 at 11:59 p.m. (CST). They will not accept applications after this time.
- There is a $30 application fee that is nonrefundable. Application fees can be paid through the linked button on the application website.
- Before starting the application, please review the FAQ section for additional information, including the eligibility requirements and financial fees. https://aggieachieve.tamu.edu/admissions/aggieachieve.tamu.edu/about/#faq

Upcoming Event:
https://disabilitystudies.utexas.edu/e4texas

E4Texas is a post-secondary opportunity for people with or without a disability, who are over the age of 18, who have a high school diploma, and are employment-focused. The E4Texas 3-semester experience combines classroom instruction with practical career building experiences, independent living skills, and self-determination. During the course, students will learn the main aspects of independent living, will receive their caretaker certification, and will be supported as they find jobs in their final semester.

E4Texas has four goals:
1. Empower Texans to become self-determined & independent.
2. Educate Texans to gain employment, professional, and independent living skills.
3. Employ Texans in the areas of caregiving.
4. Give Texans the tools they need to excel in life!

E4Texas is a tuition-based program. Students who are current customers with the Texas Workforce Commission (TWC) may qualify for assistance with tuition. Contact your TWC counselor to get more information on qualifications. If you are not a TWC customer, you can contact them to inquire about registering as a customer.

Applications will be available mid- to late-October, Open House dates have not yet been announced. Click here to watch the 2021 E4Texas Virtual Open House
UNT ELEV[AR (Empower, Learn, Excel, enVision, Advance, Rise) is a high-quality and self-sustaining, four-year inclusive postsecondary education program model for young adults with intellectual disabilities (ID). The program’s vision is to empower young adults with ID who wish to continue post-secondary education to become self-determined, independent, and healthy adults readied for integrated competitive employment. As the first Hispanic serving institution to house an inclusive postsecondary education program in Texas, UNT ELEV[AR will strive to facilitate natural and culturally responsive individual supports and services for students with ID from diverse and underrepresented communities through an inclusive college experience across academics, employment, community engagement, health, and well-being.

UNT ELEV[AR holds a Comprehensive Transition Program (CTP) accreditation through the U.S. Department of Education.

Interested in learning more about UNT ELEV[AR and are ready to tour the campus? We invite you to attend one of our Open Houses and complete a traditional UNT Campus Tour. Campus tours are a great way to learn about the full UNT experience as our students will be fully included in all college campus activities!

**Upcoming Open House Dates:**
- Saturday, September 25 (10 am)
- Saturday, October 23 (10 am)
- Saturday, November 13 (10 am)
- Saturday, December 4 (10 am)

To register for one of our monthly Open Houses, please visit: [https://bit.ly/3qehJW4](https://bit.ly/3qehJW4)

To register for a Traditional UNT Campus Tour, please visit: [https://tours.unt.edu/signup/student](https://tours.unt.edu/signup/student)

**Application Information** can be found at [https://elevar.unt.edu/admissions](https://elevar.unt.edu/admissions)
- Applications Open December 1
- Applications Close February 1

**Upcoming Event:**

[https://www.ou.edu/education/centers-and-partnerships/zarrow/sooner-works](https://www.ou.edu/education/centers-and-partnerships/zarrow/sooner-works)
Upcoming Event(s):

WORKPLACE RELATIONSHIPS CLASS

This virtual class focuses on sexual harassment/extortion in the workplace, self-advocacy, abuse prevention, abuse reporting, and expected social behaviors in the workplace. The class will also discuss internet safety, social media and dating at the workplace.

Class will be offered 2 times per year

Upcoming Class Dates:
October 4–7, 11–14, 18–21, & 25–27, 2021
April 4–7, 11–14, 18–21, 25–27, 2022

Classes will be held virtually via encrypted Zoom
Male and Female classes available

For more information or to make a referral please contact: Roni Jo Frazier
832-447-6361 or rfrazier@bloomconsultingco.com

BLOOM CONSULTING
WWW.BLOOMCONSULTINGCO.COM/
Local Opportunities for 21+ Young Adults:

PARD Therapeutic Recreation Services will be offering new inclusive programs starting the week of September 27th. We also have a new registration process for participants on our waitlists and individuals interested in our programs (process listed below). Please refer to the attached flyer for specific information regarding program days, times, cost and program descriptions. Please reach out to Evan Kessler Evan.Kessler@austintexas.gov or Alexander Dominguez Alexander.Dominguez@austintexas.gov if you have questions.

[Image of flyer]

Capital City Explorers
CCCE is designed for young adults that enjoy an active, on-the-go day! Participants will be engaged in the Austin community with daily field trips.
- Mondays, Wednesdays, and Fridays
- 8:30am-4pm
- 8 week session: September 27-November 19

The Hangout
The Hangout is perfect for individuals who prefer a less crowded and calmer environment.
- Tuesdays and Thursdays
- 9am-3pm
- September 27-December 17th

Good Neighbor Adventure Club
GNAC offers participants opportunities for both active and passive activities to encourage participant choices. Explore the community or enjoy activities on site. GNAC has something to offer everyone!
- Monday through Friday
- 8:30am-3pm
- Follows the AISD calendar for breaks

Healthy Aging
Healthy Aging is an inclusive program for older individuals of all abilities to learn how to manage stress, build strong bodies and minds, and socialize with peers.
- Designed for individuals 50+
- Mondays, Wednesdays, and Fridays
- 9am-3pm
- September 27-December 17th

Contact: Evan Kessler at Evan.Kessler@austintexas.gov or
Alex Dominguez at Alexander.Dominguez@austintexas.gov
Parent Training Opportunity:
Texas A&M's Coach 2 Communicate Project - FREE Parent Coaching

The Center on Disability and Development at Texas A&M University would like to offer training at no cost to Texas parents and caregivers of children up to age 22 with core features of autism spectrum disorder (ASD). Parents and caregivers will learn how to improve their child's communication skills. This service is provided by a grant project entitled Coach to Communicate (C2C), sponsored by the Texas Higher Education Coordinating Board.

The training includes a 1-hour self-paced webinar that teaches behavioral strategies to increase communication use in children with ASD. Once complete, parents can choose to be paired with a coach for a more intensive 12-week training specific to their child's communication needs (again, at no cost to parents). Coaching is offered in English and Spanish.
Save the Date - Night to Shine

Be sure to mark your calendar with the following important dates:

- **Monday, Nov 1, 2021**: Registration opens for guests, pals, and event volunteers
- **Saturday, Jan 8, 2022**: Dress to Shine for female guests to choose a complimentary dress
- **Sunday, Jan 30, 2022**: Required training for all event volunteers and pals
- **Friday, Feb 11, 2022**: Night to Shine 2022

**Helpful Transition Resource:**

**Texas state ID card / Driver’s License - Texas Department of Public Safety**

Obtaining a state ID or driver license prior to graduation will assist your student in many ways as they take the next steps in life! If your child does not plan on obtaining their Driver’s License, it is strongly recommended that they obtain their Texas ID Card prior to, or when, turning 18. Please take a look at the information below for more information:

Texas Department of Public Safety Driver’s License / ID Website:  
[https://www.dps.texas.gov/DriverLicense/](https://www.dps.texas.gov/DriverLicense/)

Guide for First Time Driver’s License / ID Applicants:  
[https://www.dps.texas.gov/Internetforms/Forms/DL-100E.pdf](https://www.dps.texas.gov/Internetforms/Forms/DL-100E.pdf)

How to apply for a Texas Identification Card:  
[https://www.dps.texas.gov/driverlicense/applyforid.htm](https://www.dps.texas.gov/driverlicense/applyforid.htm)

Take a look at this brochure for more information:  
[https://www.dps.texas.gov/internetforms/Forms/DL-57.pdf](https://www.dps.texas.gov/internetforms/Forms/DL-57.pdf)
Helpful Transition Resource Website:

Federal Programs for People with Disabilities
https://hhs.texas.gov/services/disability
Eligible people with disabilities may qualify for federal and state programs that pay benefits, pay health care costs or provide food. If you are not already signed up for one of these programs, visit the sites below to find out if you might be eligible or to apply for benefits.

What is CLASS?
https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/community-living-assistance-support-services-class
CLASS provides home- and community-based services to people with related conditions as a cost-effective alternative to placement in an intermediate care facility for individuals with an intellectual disability or a related condition. A related condition is a disability, other than an intellectual disability, that originated before age 22 and that affects a person's ability to function in daily life.

Interested in receiving CLASS services?
Those interested in receiving CLASS are placed on an interest list by calling 877-438-5658 and asking for the CLASS Waiver Program. The person will be contacted when funding becomes available. An offer of the CLASS Program depends on individual need and one's date of placement on the interest list. Current contact information is required for each person on the CLASS interest list, and HHSC must be notified of any changes to address or telephone number.

For more information please contact CLASSPolicy@HHSC.state.tx.us

Helpful Transition Resource Website:

Austin Travis County Integral Care (formerly known as MHMR)
https://integralcare.org
Integral Care supports adults and children living with mental illness, substance use disorder and intellectual and developmental disabilities in Travis County. As the Local Mental Health and Intellectual and Developmental Disability Authority, Integral Care strengthens our community by supporting our most important asset, our people, to achieve well-being. Integral Care provides individuals with high quality mental health care, collaborates with community partners to strengthen programs and systems, and works to raise awareness of mental health issues in our community.

Integral Care works with children and adults living with intellectual and/or developmental disabilities to make sure they have the tools they need to thrive. We create opportunities for people to form healthy relationships, live in the community and lead meaningful lives. Services are available regardless of ability to pay and can be provided in many languages.

CALL US TO LEARN HOW WE CAN HELP YOU
To learn more about our programs and services for adults and children with intellectual and/or developmental disabilities, call us at 512-472-HELP (4357). Press 1 for English, then 3. We're here Monday through Friday, from 8am to 5pm. Integral Care can also connect you to trusted community resources.
The Arc of the Capital Area is one of the oldest continuously–operating non-profits in Austin. Since 1949 we have empowered adults with intellectual and developmental disabilities. We serve over 1,000 individuals each year across 17 counties. Intellectual and developmental disabilities or I/DD is an umbrella term that includes more than 100 different diagnoses, including Down syndrome, cerebral palsy and Autism.

Intake & Referral Services
The Arc of the Capital Area offers a centralized telephone intake process for all of our services and programs. Please contact us at 512.476.7044, ext. 233, and an Intake Specialist will return your call within three (3) business days.

Normal working hours are 8:30 a.m.—5 p.m., Monday through Friday. The first step is a brief screening to determine eligibility for services and, if so, which services would best meet the callers' needs. The Intake Specialist will refer callers to other disability organizations and resources in the community, if appropriate.

ARCIL (A Resource Center for Independent Living)
http://arcilinc.org/
ARCIL is a consumer-driven, community-based, not-for-profit corporation dedicated to the empowerment of persons with disabilities to achieve maximum independence and equal community access. Services are developed, directed and delivered primarily by persons with disabilities. ARCIL contributes to the development and improvement of attitudes, resources, methodologies, and opportunities for community integration.

Historically, ARCIL has developed programs that provide services in information & referral, peer counseling, independent living skills training and advocacy. Other ARCIL services are in the areas of transition services from school to adult life, transportation training, employment assistance, community education through ADA technical assistance and disability awareness training.

Autism Society of Greater Austin
https://www.texasautismsociety.org/
The Autism Society, the nation’s leading grassroots autism organization, exists to improve the lives of all affected by autism. We do this by increasing public awareness about the day-to-day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy.

The Autism Society of Texas changes lives by connecting families and individuals to community resources and support throughout Texas. Offerings include advocacy, education events, Information & Referrals, support meetings; on-line networking opportunities; Sensory Friendly films; and fun family activities. We rely on donations to support our work and keep services free for families and autistic adults.