



**Off Campus Physical Education Providers: Local School Board Approved  
2018-2019 School Year**

Activity	Providers	Description
Equestrian	Little Green Barn Countyline Polo Bel Canto Farms	Category I and II training to support student skills within riding hunter/jumper and caring for horses.
Dance	Grace Ballet The Dance Spot	Category I and II training in different dance genres, techniques, and skills
Golf		Category I and II training in golf practice, procedures and skills
Gymnastics	Austin Tumbling Academy Cheer Athletics Austin AcroTex Gymnastics Champions TX Electric Avenue Acro (gymnastics)	Category I and II training in competitive cheerleading, includes dance, tumbling, speed, agility and athletic training
Soccer	Hill Country Indoor Soccer Academy One World Soccer Dundee Juniors of Central TX	Category I and II training in soccer skills, techniques and competition
Miscellaneous	Lakeway Aquatic Physical Therapy Lake Travis Racing Mt. Biking Hill Country Indoor Sports and Fitness Athletic Training <i>The Summit Bike Club</i>	Category II specialized training in overall conditioning, improvement of speed, agility and endurance as well as biking skills (for Mt. Biking)  <i>Summit=Category I</i>
Tennis	ATX D3 Tennis	Category I Tennis academy that specializes in junior tennis training for tournament play
Rowing	Austin Yacht Club	Category II only includes 5 hours/week training that includes cardiovascular workouts along with strength and core training
Volleyball	Austin Juniors VB Austin Skyline Juniors	Category II only training in volleyball with overall conditioning, improvement of skill level, agility, and position play



## Currently Approved Off-Campus Physical Education Providers

Activity	Providers	Description
Dance	West Austin Dance Academy Alissa' Dance Academy Ballet Austin Dance Inst Performance Acad TexArts O'Hara Dance Agency Premier Dance 620 Dance Centre Zach Theatre Pre Professionals Balance ONE Academy PAIYH	Dance Training that includes 15 hours/ week for Category I or 5 hours/week for Category II; training can include ballet, tap, jazz, contemporary styles as well as workouts to build core
Equestrian	Madrone Ranch Stable Longhorn Polo Center Westridge Farms Paul Cates Stables Cooper Hill Show Jumpers Bee Cave Riding Center L&D Farms Carragio Equestrian, Glendaloch Farms Lazy Rockin B Riding Center	Equestrian Training that includes 15 hours/ week for Category I or 5 hours/week for Category II; training can cardiovascular training to assist in more agility on the horse, as well as riding, jumping and caring for the animal
Golf	Falcon Head Golf Course Spanish Oaks Golf Club The Academy of Golf Dynamics World of Tennis (Hills) Golf River Place Country Club The Hills Golf Austin Golf Institute The UT Golf Club	Golf Training that includes 15 hours/ week for Category I or 5 hours/week for Category II; training can cardiovascular training to assist in more agility as well as working on improving golf swing through muscle movement activities
Gymnastics	Flipnastics Gymact National Elite Gymnastics Champions Westlake Crenshaw Athletic Club Moxie	Gymnastic Training that includes 15 hours/ week for Category I or 5 hours/week for Category II; training can cardiovascular training to assist in more agility as dance training, weight lifting and overall core training.
Lacrosse	LT Boys Lacrosse LT Girls Lacrosse	Lacrosse training that includes cardiovascular workouts along with strength training



Swimming	Nitro Swimming UT Longhorn Aquatics Austin Swim Club Lost Creek Aquatics	Swim Training that includes 15 hours/week for Category I or 5 hours/week training that includes cardiovascular workouts along with strength and core training.
Tennis	Austin Tennis Academy Brian McPhee, Tennis Pro Cross Court Tennis Mac 360 World of Tennis (the Hills) Grey Rock Tennis Club UT Tennis Club The Hills Country Club	Tennis Training that includes 15 hours/week for Category I or 5 hours/week training that includes cardiovascular workouts along with strength and core training
Martial Arts	Lakeway Tae Kwan Do	Martial Arts Training that includes 15 hours/week for Category I or 5 hours/week training including cardiovascular workouts along with strength and core training

<b>Activity</b>	<b>Providers</b>	<b>Description</b>
Soccer	Lonestar Soccer Club Austin Texans Soccer Club	Soccer Training that includes 15 hours/week for Category I or 5 hours/week training that includes cardiovascular workouts along with strength and core training
Rowing	Austin Rowing Club Texas Rowing Center	Team Rowing Training that includes 15 hours/week for Category I or 5 hours/week training that includes cardiovascular workouts along with strength and core training
Volleyball	Austin Performance Volleyball	Volleyball Training that includes 15 hours/week for Category I or 5 hours/week training that includes cardiovascular workouts along with strength and core training
Miscellaneous	Xcleration Sports Performance LT Mountain Biking Club(s) Chaparrel Ice: Hockey and Figure Skating Doug Lang MX School (The Summit Bike Club) Helix Elite Performance Round Rock Fencing Club Capital City Strength and Conditioning	Various Trainings that includes 15 hours/week for Category I or 5 hours/week training that includes cardiovascular workouts along with strength and core training