



## **Information Packet for Off-Campus Physical Education (OCPE) High School or Middle School**

The purposes of the Off-Campus Physical Education (OCPE) program are to accommodate students who are making serious efforts to develop higher-level skills in a specific activity that exceed what the school district can offer through general physical education programs as well as to provide students flexibility in class scheduling by providing opportunities to participate in classes outside of the school day to satisfy course requirements. The OCPE Program allows students alternatives to what the district provides in 6-12<sup>th</sup> grades to earn credits that meet the district and state physical education requirements. Students will be expected to be physically educated along with being physically active.

In order for a request to be approved for physical education substitution, providers must comply with required curriculum standards and ensure that students receive challenging and engaging work. Lake Travis ISD provides guidelines and procedures to facilitate the physical education substitution process and to ensure compliance with state and district procedures.

OCPE activities must be of high quality and well-supervised by appropriately trained instructors. Students must participate in approved OCPE activities for a minimum of 15 hours per week for Category I providers and a minimum of 5 hours per week for Category II providers. **Category II waivers are only an option in grades 9-12.**

### **PRIVATE OR COMMERICALLY SPONSORED PHYSICAL ACTIVITY PROGRAMS**

In accordance with local district policy, a school district may award up to 2 credits for physical education for appropriate private or commercially –sponsored physical activity programs conducted on or off campus. The district must apply to the commissioner of education for approval of such programs, which may be substituted for state graduation credit in physical education (High School only.) 19 TAC 74.11(d)(7)

### **CREDIT**

Student may receive a maximum of one-half credit per semester of OCPE credit. A total of 1 credit for state high school graduation requirements may be earned in grades 9-12. In middle school, students may fulfill their P.E. requirements with 4 semesters of OCPE.

To assist LTISD in making decision as to whether a substitution may occur, the district will follow the guidelines of the Texas Education Agency in interpreting the law as stated I the Texas Administrative Code (TAC) Chapter 74:

It is the intention of the Texas Education Agency that the various off campus substitutions for the Physical Education high school graduation requirements be of “high quality”. The term “high quality” implies, among other

things, *that the substitution activity is in congruence with the Physical Education Texas Essential Knowledge and Skills (TEKS) as closely as possible, if not above and beyond the rigor of the standards.*

**PLEASE REVIEW THESE LTISD GUIDELINES BEFORE APPLYING TO THE PROGRAM**

**IMPORTANT INFORMATION:** Students entering the 6<sup>th</sup> grade, who are applying for a P.E. Waiver, must first pass the sixth grade Health Exam for Acceleration; there are several opportunities for students to take this test with the district, free of charge, within given testing windows. Please ask your school counselor for more information.

- Time on task will be no less than **five (5) hours per week** of intense professionally supervised training per week and a minimum of eighty (80) hours per semester for **Category II level**
- Time on task will be no less than **fifteen (15) hours per week** of intense professionally supervised training per week and a minimum of one hundred thirty five (135) hours per semester for **Category I level**
- No more than 6 hours of tournament play or competition may be included in the designated hours per week
- Parents are responsible for providing transportation to and from the physical activity program for Category I activities when released from the last period of the school day
- If students fail to complete a semester in the OCPE program, he or she may lose the option of participating in this program in the future
- Numerical grades will not be awarded, only grades of “P” for passing or “F” for failing each grading period
- Students who work at the location in which they are also receiving credit for physical education may not include work hours
- Failing an OCPE class will have University Interscholastic League (UIL) implications
- Participation in the OPCE Program may have UIL eligibility implications. It is the responsibility of the parent or guardian to contact the UIL at (512) 471-5883 to determine eligibility status
- Providers must be approved by the **Lake Travis ISD School Board**. The physical activity program conducted by a private or commercially sponsored center must provide both instructional and physical activities. Providers will be expected to have copies of the age/grade appropriate Texas Essential Knowledge and Skills (TEKS) for Physical Education and show evidence of inclusion into the instruction provided. Copies of the TEKS may be obtained at the following links:

<http://ritter.tea.state.tx.us/rules/tac/chapter116/ch116b.html> (middle school) or

<http://ritter.tea.state.tx.us/rules/tac/chapter116/ch116c.html> (high school)

- The Provider Application must be completed and returned to LTISD for review and consideration. Applications should be mailed or hand-delivered to:

**Lake Travis ISD**  
**Director of Health and Social**  
**Emotional Learning**  
**607 Ranch Road 620 N**  
**Austin, TX 78734**

- Providers will supply LTISD an overview/syllabus and documentation of how age/grade appropriate TEKS will be incorporated into instruction
- The organization must provide the coach(es) name and his/her email address in the letter
- Parents must complete the OCPE Student Application Form and return to the student's home campus counselor and/or his designee by the deadline noted on the application
- **Providers** must complete and submit Grade/Attendance Report Forms to the student's counselor and/or his designee each grading period **by the last day of the grading period**. Reports **may not be delivered** to the counselor/registrar by students. *\*Grade reports may not be delivered to the counselor/registrar by the student and/or parents.*
- If a Grade/Attendance Report Form is not received by the counselor and/or his designee by the designated deadline, a student may lose the opportunity to participate in OCPE.
- The Lake Travis ISD reserves the right to visit the provider and evaluate the age appropriateness and level of instruction in the physical education TEKS.
- The Lake Travis ISD reserves the right to remove a provider's approval if any of the guidelines are not met.
- Providers must immediately notify the school counselor and/or his designee if the student drops out of the program
- Providers must immediately notify the school counselor and/or his designee if the organization moves or discontinues the OCPE activities

The Lake Travis ISD appreciates the collaborative nature of this work and the opportunities you are providing to our students.

If you have questions, please contact the LTISD Director of Health and Social Emotional Learning.