April 2022 SHAC Meeting Minutes

Date: April 6, 2022

Time: 1:00pm - 2:30pm

Location: Educational Development Center, Live Oak Room, 607 RR620 North, Austin, TX 78734

RECORDING of SHAC meeting

Attendees: *Amy Beckstead (CoChair)
            Charles Beckstead
            Kara Bell
            *Shailagh Clarke
            *Jennifer Fleck
            *Ava Fletcher
            *Preshana Ganta
            *Laura Gonski
            *Michael Hooks
            *Noofar Inbar-Alko
            *Natasha Jackson
            *Anu Koberg
            *Sara Korzen
            Jenny McCann
            Jennifer Ozuna
            *Amber Schanan
            Corina Semph
            *Sarah Tuthill
            Annie Vilven
            *Jennifer Lyon (Chair and moderator)
            Stefani Allen
            Rachel Carlino
            *Mak El-Hassan
            *Joann Bryan
            *GW Byers
            *Danelle Zibilski
            *Marissa Albers
            *Ryan Mikolaycik
            *Becca Harkleroad, RN
            Lisa Prosper-Stevenson
            (*Denotes SHAC member)

Minutes Recorded By: Lisa Prosper-Stevenson

Agenda Topics & Order:
1. Call To Order
2. New Health and Physical Education TEKS / curriculum adoption
   ➢ Vote on recommendation to adopt Goodheart-Willcox Curriculum
3. Sexual Health curriculum - Secondary (Middle and High School)
   ➢ Vote on continuing with Lifeguard
   ➢ Vote on eliminating or maintaining sexual health curriculum in 6th grade.
4. Social Emotional Learning Curriculum in Middle School (30-40 min)
5. Review Bylaws Changes
6. Wellness Plan
7. Adjournment

Call To Order - Acknowledgement of meeting recording and brief name introduction by attendees and facilitators. Lake Travis Peace Officer did not participate in meeting discussion and was there in attendance only. Reminder to please sign in and follow meeting norms reviewed by the facilitator.

New Health and Physical Education TEKS / curriculum adoption
General introduction of topic and brief overview of the previous committee meeting’s exploration of new Physical Education (P.E.) and Health TEKS set by the State Board of Education (SBOE), as well as curriculum adoption of same for the 2022-2023 school year. Acknowledgement of discussion over particular points in previous committee meeting. Opening of the floor for five minutes of additional discussion over any lingering concerns before voting. Voting on this topic is a meeting priority as the SHAC will need to recommend or not recommend curriculum adoption to the school board based on vote results. Reminder stated that, per the school district local policy, the SHAC committee cannot approve any curriculum that is not approved by the SBOE.

Point of discussion raised:
With approval of the new health and PE curriculum material by the district a recommendation should be made that any tools such as surveys or evaluations used in class necessitate parent notification that their child was surveyed and that the information shared in class be communicated to parents, as well as who else may have access to that information.

Clarification made by the SEL Director that mental health information is private not public and that students should not feel obligated to reveal personal information about themselves or families to others in the classroom and that this is the training provided for teachers that facilitate this instruction material.

A further point of discussion was raised about who would decide and then facilitate notifications if that is the committee’s final recommendation. After some discussion of options, clarification was shared by SEL Director Jennifer Lyon that when voting the committee votes on the material as is and can only offer recommendations as a summary request. The option to approve with a caveat taken to the board was added to the discussion.

Examples of survey questions were shared with the committee for further illustration of possible need for parent notification.

Debate on use of surveys with parent notification vs. curriculum tools being used as discussion prompts and the impacts to the overall goal of discussion in the classroom.

Clarification shared that teachers are skilled and regularly create norms in classrooms allowing students to pass on any related discussion points they do not feel comfortable with.

VOTE (By private ballot)
PE Health adoption - Yes, No or Yes, with caveat.
Vote Results:
YES - 12
YES, with caveat on notification to parents - 6
NO - 0
Sexual Health Curriculum, Secondary (Middle and High School)
Review of Lifeguard as current provider of sexual health curriculum and committee’s purpose today of voting on keeping Lifeguard as provider as well as voting if sexual health curriculum should be maintained in 6th grade or discontinued for that grade.

Points of discussion raised:
Is the program Opt In? Yes.
For students whose parents opt out, are assignments required and graded? No. Classwork is assigned but not considered part of grading.

LTISD school district is the only district providing 6th grade sexual health curriculum from those districts who use Lifeguard. TEKS 6th grade science topics are: Methods, Force, Motion, Matter, Energy, Earth, Space and Classification. 7th grade science covers reproduction and protection from infection. Concern over teaching science elements not taught until 7th grade.

District data on pregnancy from 2018 shows one pregnancy therefore illustrating that the data does not support the need for instruction.

Concern over full and fair disclosure of content. The Lifeguard instructor at LTMS identified themselves as He/She and shared it was ok to have relations with males or females and there was no consent from parents prior.

Clarification from the SEL Director that the topic of pronouns is not in our contract with Lifeguard and has been explicitly discussed. A discussion was had with Lifeguard, the educator has been made aware and corrective action was taken by the organization.

VOTE (By private ballot)
Continue with Life guard as provider - Yes or No
Vote results:
YES - 17
NO - 1

Maintain or eliminate curriculum for 6th grade
Vote results:
MAINTAIN - 15
ELIMINATE - 3

Social Emotional Learning Curriculum in Middle School
Presentation shared by SEL Director, Jennifer Lyon.
Reminder of resources shared on agenda and that the curriculum link will have limited availability due to it being proprietary information.

Points of discussion raised:
General support was expressed for the school district and teachers covering this topic.
The SEL program as presented has general approval but issues arise when topics of gender transitioning, racism, activism, lgbtq are addressed. It would be appreciated if we could find an SEL program that did not incorporate those elements.

When did the district decide to add SEL to the curriculum? Spring 2018
Was Second Step the curriculum choice from the beginning of implementation? Yes

Why is ‘Leader in Me’ only at two schools? This was a campus decision due to cost and time intensive with required buy-in from the campus community. It is financed by the specific campus’ PTO/PTA’s.

Who teaches the Second Step curriculum? Social studies teachers are using district created mini lessons this year (about 5 minutes each) at middle schools. Classroom teachers teach it at Elementary.

A request for more promotion to parents each year. Suggestion of a blanket email from school counselors about details and resources related to Second Step & Lifeguard with perhaps weekly updates on all subjects.

How has the curriculum changed over the years? What version are we seeing now and are all campuses seeing the same material? Elementary schools use physical kits with materials which have not been updated. Online material has been updated but LTISD does not use these items at this time. That material is always digital and updated every year. House bill 4545 caused middle schools to reallocate SEL time from Go Time to Social Studies, as Go Time is being used for accelerated instruction.

The SEL Director encouraged the committee to be thinking about what we want the SEL curriculum to look like in middle school for the 2022-2023 curriculum school year. Do we want to continue with Second Step? Committee needs to determine if the program should be placed on hold using stop-gap lessons while vetting new curriculum) or continue with Second Step. Any new curriculum will need a committee of stakeholders (students, parents, teachers, counselors, administrators) as well as evaluation of budget considerations due to cost. Criteria required: Research-based, ease of use, time frame of implementation, training for staff, etc.

Is the Second Step curriculum only in middle school? Currently at elementary schools and on hold at middle schools and not at the high school.

**Topic of subcommittees**
Due to time constraints the idea of splitting into subcommittees was addressed. As an example we would create sub committees for By-Laws, Wellness Plan, and SEL at this time. Preference was expressed of meeting as a group with suggestion to meet as subcommittees for as long as needed but then regrouping for review of work accomplished in subcommittees. Issue is with people not showing up for meetings.

Option to extend length of meeting preferred at this time.

**Review By-Law Changes**
Becca Harkelroad encouraged attendees to review the draft provided in the agenda. Standard format. Need to address membership and composition. Anyone with the link is invited to comment either on document or privately emailed to Becca. In suggesting mode comments will be noted with your name if desired. It was determined this topic will be brought up at a forthcoming meeting to review revisions and changes due to time constraints.

[Draft of By-Laws linked here](#)
Wellness Plan

Marissa Albers, LTISD Dietician, shared general overview of current standing on Wellness plan policy. The Triennial Assessment Process is now up for review which assesses how well we are implementing the Wellness plan and following it in our schools. Tools are available on the agenda for review prior to the next meeting. Results will be analyzed and collated for review of findings.

Meeting adjourned with next meeting set as Tuesday, April 26, 2022.

The April 26th meeting will include a review of the Wellness Policy, SEL and Second Step curriculum in Middle School, and continued discussion on revision of By-laws after attendees review of previously shared documents.

The May 11th meeting will wrap up SEL discussion and any other topics as well as what needs to be voted on and presented to the school board.

Agenda originally shared:

School Health Advisory Council

Lake Travis ISD SHAC Meeting

April 6, 2022 / 1:00 PM / LTISD Education Development Ctr, Live Oak Rm

AGENDA

1. Call to Order (5-10 min) please sign in
   - Meeting norms
     - Assume good intentions
     - Speak your truth
     - Step up and step back
     - Say just enough
     - Listen deeply and openly
   - Introductions: voting members and guests
   - Purpose: update and consideration of curriculum; review bylaws; wellness plan

2. New Health and Physical Education TEKS / curriculum adoption (10 min)
   - SBOE-Approved Curriculum Option
     - Currently SBOE approved (Secondary): Goodheart-Willcox
       - G-W TEKS alignment overview
       - G-W Online Textbook preview (password protected)
         - User name: texas22health
         - Password: 2022!health@texas
     - Vote on recommendation to adopt Goodheart-Willcox Curriculum

3. Sexual Health curriculum - Secondary (Middle and High School) (10 min)
   - Current Lessons:
     - Grade 6: OUTLINE and LESSON
     - Grade 7: OUTLINE and LESSON
     - Grade 8: OUTLINE and LESSON
     - HS: OUTLINE and LESSON (Outline: scroll to page 2)
   - Vote on continuing with Lifeguard
   - Vote on eliminate/maintain curriculum in 6th grade
4. Social Emotional Learning Curriculum in Middle School (30-40 min)
   - Presentation on SEL and Mental Health
   - Resources to Review on SEL
     - E-book - The Case for Social and Emotional Learning
     - Second Step Middle School
     - Current Lessons being taught in the 2021-2022 school year due to changes in scheduling for HB 4545
   - Discussion
   - Considerations for next school year

5. Review Bylaws Changes (10 min)
   - LTISD SHAC bylaws revision overview
   - Draft of By-Laws linked here
   - harkleroadb@ltisdchools.org

6. Wellness Plan (10 min)
   - Triennial Assessment Process
   - Local Wellness Policy, for review (can also be found on the website)
   - Wellness Implementation Plan, for review (can also be found on the website)
   - A "Policy to Plan" document, outlining the differences between the Wellness Policy and the Implementation Plan
   - Wellness Policy Assessment Tool, to be completed by representatives for each campus prior to the May SHAC meeting

7. Adjourn

NOTES / ACTION ITEMS
   - Review the materials linked prior to meeting
   - Arrive prepared to discuss these items
   - Complete Wellness Policy Assessment Tool prior to next meeting

NEXT MEETING (April 26) TOPICS
   - Bylaws
   - Wellness Policy