March 2022 SHAC Meeting Minutes

Date: March 2, 2022
Time: 1:00pm - 2:30pm
Location: Educational Development Center, Live Oak Room, 607 RR620 North, Austin, TX 78734

Recorded Version of Meeting: SHAC Committee Meeting 3-2-2022.mp3

Attendees: Amy Beckstead (CoChair)
Shailagh Clarke
Jennifer Fleck
Ava Fletcher
Preshana Ganta
Laura Gonski
Shimrit Goren-Bolotir
Michael Hook
Noofar Inbar-Alko
Anu Koberg
Sara Korzen
Gretchen Nearburg
Jennifer Ozuna
Amber Schanan
Sarah Tuthill
Jennifer Lyon (Chair and moderator)
Stefani Allen
Mak El-Hassan
JoAna Bryan
GW Byers
Danelle Zibilski
Marissa Albers
Becca Harkleroad, RN
Lisa Prosper-Stevenson

Guest Presenters Salena Wells, SRAS
                   Candace McNair

Minutes Recorded By: Lisa Prosper-Stevenson

Agenda Topics & Order:
1. Call To Order
2. Sexual Health curriculum - Secondary (Middle and High School)
   ➢ Presentation by LifeGuard representative Salena Wells, SRAS
3. New Health and Physical Education TEKS / curriculum adoption
4. Review By-Law changes
5. Adjournment

Call To Order - Acknowledgement of meeting recording and brief name introduction by attendees and
facilitators. Lake Travis Peace Officer did not participate in meeting discussion and was there in attendance only.

**Sexual Health curriculum, Secondary (Middle and High School)** - General introduction of topic and brief overview of purpose of SHAC committee per legislative proclamation by the school board to make recommendations to the district’s Board on sexual health curriculum for the district.

LTISD currently uses LifeGuard for 6th thru 9th grade. Provider is on-site for presentation to the committee with questions to follow.

Presentation by LifeGuard representative Salena Wells, SRAS
Website: [LifeGuard](#)
Brochure & Content Overview: [BROCHURE](#) and [CONTENT OVERVIEW](#)

General discussion and questions post-presentation. Overall appreciation from the group assembled on the program's broader points and strong interest in parent workshops.

**Concern:** An expressed desire to see tools and resources for sex abuse, sex trafficking and dating violence shared with students.

**Response:** Teen dating violence is covered as a topic in the curriculum. Resource cards are shared at the end of the class with direction to trusted adults as needed. Refusal skills and boundaries to help navigate grooming are discussed in the curriculum. A contact card is created for each campus at the beginning of the curriculum year with a listing of trusted adults for those students that are in a situation where those resources are needed. This list includes Assistant Principals, school nurses and counselors and also shown at the beginning of presentations. LifeGuard educators are trauma-informed and mandated reporters of any issue that is brought up by a student and they communicate situations to counselors as needed.

**Concern:** Attendee suggests that Plan B is medically appropriate and suggested it as something for inclusion in LifeGuard material.

**Response:** LifeGuard facilitators discuss contraceptives. They review 3 legal options for pregnancy - parenting, abortion, and adoption, as well as share statistics. No detailed information is shared on contraceptives, only barrier vs. non barrier methods. LifeGuard is open to having the conversation as needed and directed by the district's preference.

**Concern:** New Health TEKS are slated to go into effect by the end of August of 2022. When will those be incorporated for LifeGuard?

**Response:** The LifeGuard representative noted that the organization has earmarked funds for curriculum evaluation to be sure those topics are covered in the material updates prior to that deadline.

**Concern:** A question was raised if the LifeGuard abortion curriculum is up to date on the recently passed Texas Heart Beat law?

**Response:** The change was right after the current update was finalized in summer 2021. Verbal communication of change is stated in presentations. This material will be updated. Our representative states LifeGuard curriculum evaluations are done each summer in August for the following curriculum year and that they, as an organization, are aware of the changes.

**Concern:** The contraception topic is addressed after pregnancy options and attendee posited would be better suited after the STI topic since that would be more in order with natural
Response: The order of topics is able to be reversed depending on our district’s preferences.

Concern: How many other districts are providing 6th grade curriculum to their constituents?
Response: 2 total - Meridian ISD and Lake Travis ISD. Leander ISD is very interested and has reached out to LifeGuard per statement by a meeting attendee and confirmed by LifeGuard representative.

Concern: Is sex trafficking and abuse material optional according to legislative requirements?
Language in the legislation comes across as up to our district’s discretion.
Response: LifeGuard will be looking at these topics and requirements during their August 2022 curriculum review. Conversations on legislative interpretation are left to local SHAC committees to determine their district’s preferences.

Concern: Is it possible to separate 7th grade by gender?
Response: The LifeGuard representative pointed out that 6th graders are separated by gender because it is developmentally appropriate and works within their ability to be mature in the classroom in 6th grade. They are given an opportunity to ask anonymous questions and learn that the topic does not need side conversations or to be hidden. A preference to separate in upper grades can be requested.

Concern: If we remove the 6th grade curriculum, is the material doubled up in 7th grade?
Response: 6th grade curriculum covers boundaries, health, menstruation cycle, etc. and does not get covered in 7th grade. The human anatomy 6th grade material would get skipped.

Concern: How can parents find out more about workshops?
Response from HSEL Director, Jennifer Lyon: Counselors are the point person at each campus for workshops and anything LifeGuard related. The December parent workshop was done via Zoom because it allows for a large capacity of attendees. The meeting was recorded and is available for re-watch. Per the district website: “If you missed the meeting and would like to view a recording of it please contact lifeguardinfo@lifeguard-tx.org.” The Campus contact when requesting to see the presentation would be your student's PE teacher for 6th graders and Science teachers for 7th - 8th - 9th graders. The curriculum itself is a 3 day segment.

HSEL Director shared that our sexual health curriculum was previously “Opt In” then transitioned to “Opt Out” but has changed back to “Opt In” based on legislation. Alternative, non-graded, assignments are given to students whose parents chose Opt Out for their student. Any issues with teachers grading these assignments should be addressed with a campus administrator.

Concern: Are LGBTQ topics addressed in LifeGuard?
Response: Gender formation and identity are not covered in materials, only sexual risk avoidance. All definitions are inclusive with examples of different types of relationships. The focus is on contraceptives as well as risk avoidance of STI’s and pregnancy.

Concern: Are resources shared for STI and STD testing?
Response: Resource cards are distributed at the end of presentations. Representative went on to point out that parental consent is not needed for testing. Treatment is different and may require parental consent depending on the student’s specific situation but wanted to make sure it was understood that legislation does not require parental consent for testing itself.
Concern: Are instructors the same gender as the class they are leading? Specifically for the 6th grade level which is separated by gender.  
Response: The goal is to always have the same gender instructor but that is determined by the staffing availability they have at the time of the session.

Concern: Is porn addiction covered in the LifeGuard materials?  
Response: They have not seen the topic covered in the TEKS but the high school curriculum covers the topic in a video on porn and its impact on relationships as well as the science-based risk factors.

Concern: Are parents listed as resources in any of the presentation materials?  
Response: Parents are communicated as a resource verbally but our LifeGuard representative has made a note to specifically add them to the presentation materials.

Presentation ended with a general thank you and appreciation to the presenters.

General notes on the Sexual Health Curriculum topic:

Changes in the Health TEKS will go into effect in August of 2022. The 9th grade curriculum was added pre-pandemic with subsequent discussion of potentially adding in additional material around prom for sophomores and juniors. LifeGuard curriculum is the same for all high school grades at this time. This may change after the summer update to be TEKS compliant. A reminder was stated that the TEKS are linked on the agenda and the agenda to be posted with meeting minutes for additional review prior to the next SHAC meeting.

The idea to push sexual health curriculum out of 6th grade was again raised. General group preference is to keep the 6th grade lesson plan in place with a final vote forthcoming at a subsequent SHAC meeting.

Required legislative dialogue and evaluation of the program stipulates discussion over two meetings so no votes will be made on Sexual Health curriculum at today’s meeting.

Puberty education is required by legislation, taught by the school nurse to 4th and 5th grades, approved by SHAC, and are gender separated. Material is posted on school nurses’ websites for each campus. The district administrators’ view is that puberty is what is happening to the body while sexual health is about choices, hence the engagement with LifeGuard’s program.

There is general consensus that LifeGuard is a satisfactory program for LTISD and there was no expressed interest for an alternative vendor at this time. LifeGuard prefers in-person presentation of materials but have also received feedback that students and parents appreciate the Prezi presentations. They will continue to develop those and the SHAC will review as available.

New Health and Physical Education TEKS / curriculum adoption

This material is currently in the standard curriculum adoption process with limited choices. The HSEL Director (Jennifer Lyon) and the Director for Secondary Curriculum (Carl McLendon) met with PE teachers
from the elementary, middle and high school to evaluate. Their recommendations will be shared with SHAC to be vetted and eventually presented to the district Board.

Attendees were advised to review the links provided in the shared agenda for additional discussion at subsequent SHAC meeting.

C.A.T.C.H. (Coordinated Approach to a Child’s Health) is the current health program and is going through the process of becoming state approved.

Access for parents and attendees to view material: There is a 7-day free trial available on link provided in agenda materials to review current CATCH program.

High School PE requirements are fulfilled in many different ways. Middle school students fulfill through PE in 6th grade and multiple avenues in 7th and 8th grade, namely PE, Athletics, Dance, Cheer, etc.

There is a general consensus on snack choices in concessions throughout the district be evaluated. Access for students to processed, high-sugar items is preferred by parents to be limited. Conversation has been tabled for now to be further reviewed and discussed at the upcoming SHAC meeting on the district’s Wellness plans.

A point was raised about if the district can have the Goodheart-Wilcox textbook adapted to our community’s needs based off of the inconclusive language in the legislation. Specifically, to the student surveys and discussion questions. HSEL Director, Jennifer Lyon pointed out that changes of that nature would have to be done by the publisher. The district is allowed to decline adopting this specific material as a whole but would have to find a suitable replacement and look into adaptation options

Attendees were advised to take a closer look at materials provided on the meeting agenda and website links. Next meeting will be open to feedback to be further discussed.

**Review By-Law Changes**

LTISD SHAC bylaws are currently being revised to include suggested changes from the last meeting. It was determined this topic will be brought up at a forthcoming meeting to review revisions and changes due to time constraints.

[Draft of By-Laws linked here](#)

**New Business**

Social Emotional Learning/Second Step presentation forthcoming on what the school district is doing now, what’s working and what needs to be evaluated for change. If it’s determined change needs to be made, the same curriculum adoption process will be applied to SEL curriculum with a stop gap measure in place for current timeline, committees created for review of alternate solutions, and recommendations made to SHAC and eventually, LTISD board leadership.

Criteria to be used in any search for replacement SEL curriculum:
- Research based.
- Ease of use for teachers.
Meets the needs of students. Developmentally appropriate with a scope and sequence review. Parent component preferred.

**Votes:** No votes were put forward for this meeting.
Vote on Sexual Health curriculum tabled for April 6th meeting.

Meeting adjourned with next meeting set as Wednesday, April 6, 2022.

The April 6th meeting will include a review of the Wellness Policy, SEL and Second Step curriculum in Middle School, continued discussion and vote on Sexual Health curriculum after attendees review of previously shared documents.

The May 11th meeting will wrap up SEL discussion and any other topics as well as what needs to be voted on and presented to the school board.

**Agenda originally shared:**

School Health Advisory Council  
Lake Travis ISD SHAC Meeting  

March 2, 2022 / 1:00 PM / LTISD Education Development Ctr, Live Oak Rm  

**AGENDA**  

Call to Order  
- Meeting norms  
- Purpose: update and consideration of curriculum; review bylaws  

Sexual Health curriculum - Secondary (Middle and High School)  
- Current Scope & Sequence for LTISD - **HUMAN DEVELOPMENT**  
- Current Lessons: **LifeGuard** (Presented by Salena Wells, SRAS)  
  - BROCHURE and CONTENT OVERVIEW  
  - Grade 6: OUTLINE and LESSON  
  - Grade 7: OUTLINE and LESSON  
  - Grade 8: OUTLINE and LESSON  
  - HS: OUTLINE and LESSON (Outline: scroll to page 2)  
- Other sexual health curriculum options  
  - **Aim for Success** - “Youth Equipped to Succeed”  
  - ??? - SHAC recommendations?  

New Health and Physical Education TEKS / curriculum adoption  
- Health Education updates from Texas Education Agency (TEA)  
  - Health Education INFORMATION page (TEA)  
  - TEKS for Health Ed (Texas Admin Code, implemented SY 22-23)  
- Physical Education (PE) updates from Texas Education Agency (TEA)  
  - Physical Education INFORMATION page (TEA)  
  - TEKS for PE (Texas Admin Code, implemented SY 22-23)  
- **SBOE-Approved** Curriculum Options - background, update  
  - Currently SBOE approved (Secondary): **Goodheart-Willcox**
- G-W TEKS alignment overview
- G-W Online Textbook preview (password protected)
  - User name: texas22health
  - Password: 2022!health@texas
- SBOE approval in process (K-5): CATCH (Coordinated Approach to Child Health)
- CATCH TEKS alignment overview: HEALTH and PE
- CATCH Online Portal Preview

NOTES / ACTION ITEMS

- Review the materials linked here
- Arrive prepared to discuss these items

NEXT MEETING TOPICS

- Middle School SEL Curriculum Discussion
- Sexual Health Curriculum Discussion - Part 2