

In January 2017, LTISD brought you *Screenagers: Growing Up in the Digital Age*, a documentary highlighting the effects of digital screentime on children. Now join us for...

SCREENAGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

screenagersmovie.com

WHO: Lake Travis ISD Health & Social Emotional Learning
WHEN: Monday, March 2, 2020 - 6:30PM
WHERE: Lake Travis High School
Performing Arts Center

This event is free and open to the public