

# Transition to High School:

## Part 4: Extra Curriculars, Athletics and Marching Band



# **LTHS ATHLETICS**

***Athletic participation at the high school level is formatted differently that at the Middle School level.***

With the exception of Football, Cross Country/Track, and Wrestling, in all other sports, **a student must tryout** to earn a spot on the team.

An initial tryout for most 9th grade sports will occur at the beginning of the Fall semester.

No student may tryout until appropriate Health docs and UIL rules docs have been completed.

Please contact Michael Drinkwater, Assistant Athletic Director at 512-533-6059 for more detail. Also refer to TEAM Webpages for specific tryout dates and times.

# Athletic Options



Men's Baseball (tryout) = 1 credit

Men's & Women's Basketball (tryout) = 1 credit

Men's & Women's Cross Country = 1 credit

Men's Football = 1 credit

Men's & Women's Golf (tryout) = 1 credit

Men's & Women's Soccer (tryout) = 1 credit

Women's Softball (tryout) = 1 credit

Men's & Women's Swimming (tryout) = 1 credit

Men's & Women's Varsity Tennis (tryout)= 1 credit

Men's & Women's Track = 1 credit

Women's Volleyball (tryout) = 1 credit

Men's & Women's Wrestling = 1 credit

# Athletics, continued:

If you do not make the team, your schedule will be changed to PE and another elective (if space available) or two PE classes.

Each double blocked Athletic period earns only 1 year credit per year rather than 2 credits. So Students who participate in Athletics will earn 7 credits per year total not 8. This is not an issue for Graduation (7 x4= 28 total credits) but a student must plan carefully.

Fall Marching Band earns a .5 PE credit. Spring Concert Band earns a .5 Fine Art credit. After a second year of Band participation, a student will have earned 1.0 PE credit and 1.0 Fine Arts credit.

A student may participate in Band and Athletics but will earn reduced credits for a total of 6.5 credits for the year for 9th and 10th grades. Please contact a high school counselor for details.

# Requirements: Athletics, Band, and Color Guard

- Physical Exam by a medical doctor.
- Additional UIL Rules Paperwork signed by parent.
- Entry is based on performance ability and head coach approval.
- Students are required to purchase equipment outlined by the coach. Please check with Michael Drinkwater 512-533-6059 (sports) or Richard Hicks 512-533-6134 (band) for scholarship information.
- Students will practice outside the school day during each sport's competitive season, including Marching Band. Students must participate in all practices.
- All Athletics and Band are double blocked which means the class meets everyday.
- Up to 4 credits can count toward graduation requirements with 1 PE credit required.
- Athletics, Band, and Color Guard follow 'No Pass, No Play' rules.



## 2021-2022 LTHS Varsity and JV Tryout tournament

- **Dates:** **Week of June 1-4**  
**June 1** - 4:00 pm - 8:00 pm  
**June 2, 3, 4** - 8:00 am - 6:00 pm
- **Tournament format** - UTR will be used for initial seeding only
- **All players must have a current physical on file and all athletic paperwork turned in on rankone ([link to all forms here](#)) to be eligible for tryouts**
- **Players will have the tennis class period (JV or Varsity) added to their schedule for next year once they make the team.**
- **There is no PE tennis class at LTHS. Only players who make the team are in the athletic class periods.**
- **Practice will begin the week of August 9th for varsity and the second day of school for JV.**

Google forms signup for tryouts: [Tryout sign up form](#)

Deadline to sign up for tryouts: **Monday May 24**

Draws and times to be posted by **Sunday May 30 @ 5:00 pm**

# STUDENT LEADERSHIP

Lake Travis High School is dedicated to giving students an opportunity to lead, make decisions that impact our campus, and have a voice that advocates for all students.

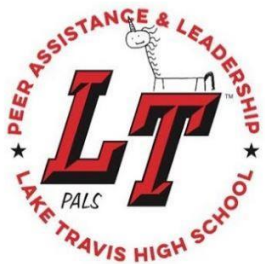


# STUDENT LEADERSHIP OPTIONS

- **LT Peer Assistance and Leadership (PALs)- Class**
  - **.5 credits per semester**
  
- **LT Student Council- Club**
  - **No credit - meets after school and club time.**







# Peer Assistance and Leadership PAL (PALS)

## LT Peer Assistance and Leadership (PALs)-

**PALS I** is a single blocked freshman student leadership course that focuses on team building, communication, and campus improvement. We learn and utilize critical thinking skills to problem solve issues confronting our campus and peers.

- **PALs I** meets either 5th or 6th period on B-Days
- Students must apply to be in the class.
  - Class Selection is based on
    - Application
    - Teacher Evaluation

Email Mr. Rendon [rendont@ltsidschools.org](mailto:rendont@ltsidschools.org)



Sign up here!



# CLUBS

Clubs are a vibrant part of Lake Travis High School. Some clubs are meeting virtually this year while others are on hiatus until we can meet in person again. Clubs are a great way for like minded students to meet others with common interests and for students to develop new interests.

Participation in clubs and other volunteer and leadership opportunities can be a valuable addition to the College Application. But mostly they are fun!

You can even start your own club. Check the LTHS website for details.

Here is the link to clubs: <https://www.ltisdschools.org/Domain/507>.